



# October 2026

## SUFFIELD MIDDLE SCHOOL LUNCH MENU

|                                                                                 | MON                                                           | TUES                                                                       | WED                                                                                                 | THURS                                                                  | FRI                                                   |
|---------------------------------------------------------------------------------|---------------------------------------------------------------|----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|-------------------------------------------------------|
|                                                                                 |                                                               |                                                                            |                                                                                                     | <sup>1</sup><br><b>Barbacoa Tacos</b><br><br>Black Beans               | <sup>2</sup><br><b>Mac and Cheese</b><br><br>Broccoli |
| <sup>5</sup><br><b>General Tso Chicken with Fried Rice</b><br><br>Red Peppers   | <sup>6</sup><br><b>Taco Nachos</b><br><br>Black Beans         | <sup>7</sup><br><b>Popcorn Chicken Bowl</b><br><br>Golden Corn             | <sup>8</sup><br> | <sup>9</sup><br><b>Early Release Day</b><br><br><b>Daily Offerings</b> |                                                       |
| <sup>12</sup><br><b>Columbus/Indigenous Peoples Day</b><br><br><b>No School</b> | <sup>13</sup><br><b>Chicken Quesadilla</b><br><br>Black Beans | <sup>14</sup><br><b>French Toast Sticks with Sausage</b><br><br>Tater Tots | <sup>15</sup><br><b>Sriracha Ranch Chicken Melt</b><br><br>Tater Tots                               | <sup>16</sup><br><b>Nacho Tater Tot Bowl</b><br><br>Golden Corn        |                                                       |
| <sup>19</sup><br><b>Chicken Parmesan with Penne</b><br><br>Green Beans          | <sup>20</sup><br><b>Beef Tacos</b><br><br>Black Beans         | <sup>21</sup><br><b>Lasagna Roll Ups</b><br><br>Broccoli                   | <sup>22</sup><br><b>Chicken Wings with Roll</b><br><br>Green Beans                                  | <sup>23</sup><br><b>Pulled Pork Sandwich</b><br><br>Coleslaw           |                                                       |
| <sup>26</sup><br><b>Steak and Cheese Sub</b><br><br>Waffle Fries                | <sup>27</sup><br><b>Chicken Rice Bowl</b><br><br>Black Beans  | <sup>28</sup><br><b>Grilled Cheese with Tomato Soup</b>                    | <sup>29</sup><br><b>Pasta with Meat Sauce</b><br><br>Green Beans                                    | <sup>30</sup><br><b>Bosco Sticks</b><br><br>Broccoli                   |                                                       |

**Menus are subject to change.**

**Lunch Paid: \$3.60**

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