



October 2026

MCALISTER INTERMEDIATE SCHOOL LUNCH MENU

Daily Offering:
SBJ Sandwich
Bagel Yogurt
Lunch
Sandwich +
Salad of the
Week

Milk Choices Include: 1%
White
Low Fat
Chocolate

Every meal comes complete with choice of fresh fruit + veggies. Selections which may include:
Carrots,
Cucumbers,
Celery,
Peppers,
Assorted Fresh Fruit and more

Powering potential.

MON	TUES	WED	THURS	FRI
			<u>Tacos or Chicken¹</u> <u>Nuggets</u> Popcorn Chicken Salad Ham & Cheese Sandwich Black Beans	<u>Cheese or²</u> <u>Pepperoni Pizza</u> Popcorn Chicken Salad Ham & Cheese Sandwich Tossed Salad
<u>Pizza Sticks or⁵</u> <u>Cheeseburger</u> Chicken Caesar Salad Turkey and Cheese Sandwich Smiley Fries	<u>Taco Nachos or⁶</u> <u>Chicken Nuggets</u> Chicken Caesar Salad Turkey and Cheese Sandwich Black Beans	<u>Popcorn Chicken⁷</u> <u>Bowl or Cheese</u> <u>Quesadilla</u> Chicken Caesar Salad Turkey and Cheese Sandwich Red Pepper Strips	<u>Mac and Cheese or⁸</u> <u>Chicken Nuggets</u> Chicken Caesar Salad Turkey and Cheese Sandwich Broccoli	<u>Early Release⁹</u> <u>Daily Serve Options Only</u>
<u>Columbus¹²</u> <u>Day/Indigenous</u> <u>Peoples Day</u> <u>No School</u>	<u>Meatball Sub or¹³</u> <u>Corn Dog</u> Italian Salad Cheese Sandwich Green Beans	<u>Pancakes w/¹⁴</u> <u>Sausage or Chicken</u> <u>Nuggets</u> Italian Salad Cheese Sandwich Tater Tots	<u>Honey Stung¹⁵</u> <u>Chicken w/ Biscuit</u> <u>or Cheeseburger</u> Italian Salad Cheese Sandwich Broccoli	<u>Cheese or¹⁶</u> <u>Pepperoni Pizza</u> Italian Salad Cheese Sandwich Tossed Salad
<u>General Tso¹⁹</u> <u>Chicken w/ rice or</u> <u>Grilled Cheese</u> Mozzarella Gaden Salad Ham and Turkey Sub Broccoli	<u>Chicken Patty or²⁰</u> <u>Pizza Sticks</u> Mozzarella Gaden Salad Ham and Turkey Sub Roasted Chickpeas	<u>Lasagna Roll Ups²¹</u> <u>or Chicken Nuggets</u> Mozzarella Gaden Salad Ham and Turkey Sub Green Beans	<u>Waffles w/ Sausage²²</u> <u>or Mini Corn Dogs</u> Mozzarella Gaden Salad Ham and Turkey Sub Tater Tots	<u>Cheese or²³</u> <u>Pepperoni Pizza</u> Mozzarella Gaden Salad Ham and Turkey Sub Tossed Salad
<u>Popcorn Chicken or²⁶</u> <u>Pizza Sticks</u> Chicken and Cheese Salad Turkey & Cheese Sub Broccoli	<u>Chicken Tenders or²⁷</u> <u>Hot Dogs</u> Chicken and Cheese Salad Turkey & Cheese Sub Diced Carrots	<u>Taco Nachos or²⁸</u> <u>Chicken Patty</u> Chicken and Cheese Salad Turkey & Cheese Sub Black Beans	<u>Cheeseburger or²⁹</u> <u>Chicken Nuggets</u> Chicken and Cheese Salad Turkey & Cheese Sub Smiley Fries	<u>Cheese or³⁰</u> <u>Pepperoni Pizza</u> Chicken and Cheese Salad Turkey & Cheese Sub Tossed Salad

Menus are subject to change.

Lunch Paid: \$3.35

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myschoolbucks.com

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