



Gateway Grab and Go Menu



LUNCH

October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

MONDAY



Baked Ziti 4 gms
Garlic Bread 26 gms
Fruit Juice /Milk 14/13 gms
Chilled Pineapples 17 gms

05

TUESDAY



Apple Nachos 22 gms
Fruit Juice /Milk 14/13 gms
Chilled Tropical Fruit 16 gms

06

WEDNESDAY



Hot Ham Cheese Sliders 23 gms
W / Potato Chips 15 gms
Fruit Juice /Milk 14/13 gms
Chilled Apple Slices 18 gms

07

THURSDAY

Hot Roast Beef Sandwich 31 gms
W / Potato Chips 15 gms
Fruit Juice /Milk 14/13 gms
Mandarin Oranges 18 gms

01

FRIDAY

Breakfast Egg Bowl 34 gms
w/ French Toast 26 gms
Fruit Juice /Milk 14/13 gms
Chilled Pears 16 gms

02

No School
Holiday

12

Chicken Corn Dogs
Bean Cheese Burritos 44 gms
Fruit Juice /Milk 14/13 gms
Mandarin Oranges 18 gms

13

Monte Cristo Sandwich 30 gms
w/ Potato Chips 15 gms
Fruit Juice /Milk 14/13 gms
Chilled Fruit Cocktail 18 gms

14

Chicken and Waffles 35 gms
Fruit Juice /Milk 14/13 gms
Chilled Applesauce 23 gms

15

Chili Cheese Fries 32 gms
Fruit Juice /Milk 14/13 gms
Chilled Apricots 18 gms

16

Chicken Crisпитos 40 gms
Fruit Juice /Milk 14/13 gms
Chilled Apple Slices 18 gms

19

Chimichangas 24 gms
Fruit Juice /Milk 14/13 gms
Chilled Pears 16 gms

20

Spicy Chicken Sandwich 37 gms
Fruit Juice /Milk 14/13 gms
Chilled Grapes 14 gms

21

Hot Turkey and Swiss 39 gms
W / Potato Chips 15 gms
Fruit Juice /Milk 14/13 gms
Chilled Mixed Fruit 15 gms

22

Pork Riblet on Bun 39 gms
W / Potato Chips 15 gms
Fruit Juice /Milk 14/13 gms
Chilled Apple Slices 18 gms

23

Cheeseburgers 23 gms
Veggie-burgers 17 gms
W / Potato Chips 15 gms
Fruit Juice /Milk 14/13 gms
Chilled Diced Peaches 14 gms

26

Stuffed Cheesy Bread 34 gms
Fruit Juice /Milk 14/13 gms
Chilled Pineapples 17 gms

27

Italian Pasta Salad 35 gms
Fruit Juice /Milk 14/13 gms
Chilled Apple Slices 18 gms

28

Chicken Egg Rolls 19 gms
Fruit Juice /Milk 14/13 gms
Mandarin Oranges 18 gms

29

Pork Street Tacos 17 gms
Fruit Juice /Milk 14/13 gms
Chilled Pineapples 17 gms

30



School Information: School Information: Menu Subject to Change Due to Availability

OCTOBER 2026