



Johnson County Middle High School

BREAKFAST MENU

October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Students must choose a fruit and/or juice at breakfast. Student meals are served at no charge. Adult meals are \$3.00.	Harvest of the Month: Squash 	Zucchini, yellow, and scallop squashes are three primary summer squashes. To retain the most nutrients, leave their skin on while eating.	French Toast Sticks & Ham Patty or Cereal & Graham Crackers with Juice, Fruit & Milk ¹	Breakfast Sausage Taco or Cereal & Graham Crackers with Fruit, Juice, & Milk ²
Chicken & Waffles or Cereal & Graham Crackers with Juice, Fruit, & Milk ⁵	Sausage & Cheese Breakfast Sandwich or Smoothie & Graham Crackers with Juice, Fruit & Milk ⁶	Mini Bagels with Strawberry Cream Cheese or Cereal & Graham Crackers with Juice, Fruit & Milk ⁷	Steak Biscuit with Jelly or Cereal & Graham Crackers with Juice, Fruit & Milk ⁸	SCHOOL HOLIDAY ⁹
SCHOOL HOLIDAY ¹²	Egg & Cheese Croissant or Cereal & Graham Crackers with Juice, Fruit & Milk ¹³	Breakfast Pizza or Cereal & Graham Crackers with Juice, Fruit & Milk ¹⁴	HALF DAY ¹⁵ Chicken Biscuit or Cereal & Graham Crackers with Juice, Fruit & Milk	Sausage, Egg, & Cheese with Tortilla or Cereal & Graham Crackers with Fruit, Juice, & Milk ¹⁶
Cheese Toast & Sausage Links or Cereal & Graham Crackers with Juice, Fruit, & Milk ¹⁹	Waffles & Syrup or Smoothie & Graham Crackers with Juice, Fruit & Milk ²⁰	Bagel with Cream Cheese or Cereal & Graham Crackers with Juice, Fruit & Milk ²¹	Chicken Minis or Cereal & Graham Crackers with Juice, Fruit & Milk ²²	Sausage & Pancake with Syrup or Cereal & Graham Crackers with Juice, Fruit & Milk ²³
Egg & Cheese Biscuit or Cereal & Graham Crackers with Juice, Fruit & Milk ²⁶	Breakfast Pizza or Cereal & Graham Crackers with Juice, Fruit & Milk ²⁷	Super Donut or Cereal & Graham Crackers with Juice, Fruit & Milk ²⁸	French Toast Sticks & Ham Patty or Cereal & Graham Crackers with Juice, Fruit & Milk ²⁹	Breakfast Sausage Taco or Cereal & Graham Crackers with Fruit, Juice, & Milk ³⁰

Milk choices along with chilled and/or fresh fruit offered daily.
All menus are subject to change due to product availability and vendor deliveries.
This institution is an equal opportunity provider, employer, and lender.