

OCTOBER 2026

RCSD PRE-K School Breakfast Menu

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday
Tuesday
Wednesday
Thursday
Friday


Apple Cinnamon
Cheerios (VG)

Cinnamon Toast
Crunch Cereal (VG)

Cinnamon Rice Chex
Cereal (VG)

Cinnamon Rice Chex
Cereal (VG)

Mini Strawberry
Bagel

Light Mozzarella
String Cheese
Honey Graham
Crackers (V)

**Indigenous
Peoples'
Day**
(All facilities closed)

Golden Grahams
Cereal (VG)

Honey Bunches of Oats
Cereal (V)

Apple Cinnamon
Cheerios (VG)

Vanilla Yogurt
Tiger Bites (V)

Cinnamon Rice Chex
Cereal (VG)

Cinnamon Toast
Crunch Cereal (VG)

Apple Cinnamon
Cheerios (VG)

Honey Bunches of Oats
Cereal (V)

Light Mozzarella
String Cheese
Honey Graham
Crackers (V)

Honey Bunches of Oats
Cereal (V)

Golden Grahams
Cereal (VG)

Frosted Flakes
Cereal (VG)

Cinnamon Rice Chex
Cereal (VG)

Mini Strawberry
Bagel

(V) = Vegetarian. A food that does not contain meat, but it may contain dairy and eggs.

(VG) = Plant-based. A food that excludes all animal products.

Items offered daily:

**Choice of: Milk: Skim, 1%,
Chickpea Butter & Jelly Sandwich (VG), Fruit.**

(Allergy information is available upon request)