



OCTOBER 2026

RCSD PRE-K School Lunch Menu

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday

Tuesday

Wednesday

Thursday

Friday



Popcorn Chicken **5**
w/Dinner Roll
Steamed Broccoli

Crispy Chicken Patty **6**
Sandwich
Steamed Green Beans (VG)

Meatball Sub **7**
Baked Beans (VG)

Beef Cheesesteak **1**
Wrap
Steamed Corn

Cheese Pizza (V) **2**
Turkey Pepperoni Pizza
Fresh Carrots (VG)

Grilled Cheese **8**
Sandwich (V)
Steamed Corn

Cheese Pizza (V) **9**
Turkey Pepperoni Pizza
Fresh Carrots (VG)

Indigenous Peoples' Day
(All facilities closed)

Cheeseburger Calzone **13**
Steamed Green Beans (VG)

Stuffed Cheese Sticks **14**
Baked Beans (VG)

Chili & Nacho Chips **15**
Steamed Corn

Cheese Pizza (V) **16**
Turkey Pepperoni Pizza
Fresh Carrots (VG)

Crispy Chicken Patty **19**
Sandwich
Steamed Broccoli

Pizza Crunchers (V) **20**
Steamed Green Beans

Tortellini Bolognese (V) **21**
Baked Beans (VG)

Cheeseburger **22**
Hamburger
Steamed Corn

Cheese Pizza (V) **23**
Turkey Pepperoni Pizza
Fresh Carrots (VG)

Breaded Chicken **26**
Drumsticks w/Dinner Roll
Steamed Broccoli

Cheese Pizza **27**
Stromboli (V)
Steamed Green Beans

Sweet & Sour **28**
Chicken w/Rice
Baked Beans (VG)

Beef Cheesesteak **29**
Wrap
Steamed Corn

Cheese Pizza (V) **30**
Turkey Pepperoni Pizza
Fresh Carrots (VG)

(V) = Vegetarian. A food that does not contain meat, but it may contain dairy and eggs.
(VG) = Plant-based. A food that excludes all animal products.

Items offered daily:
Choice of Milk: Skim, 1% Milk.
Chickpea Butter & Jelly Sandwich, Fruit.

Allergy information available upon request