



LUNCH MENU - GSRP/CHILD CARE Sept 2026 - Jan 2027

4 Week Cycle Menu - follow calendar on the right					
WEEK 1 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Cheeseburger on a Bun	Grilled Cheese	French Toast Sticks Chicken Sausage Patty	Macaroni & Cheese	Chicken Patty on a Bun	
Baked Beans	Cooked Carrots	Green Beans	Romaine Lettuce Salad	Corn	
Diced Pears	Diced Pineapple	Banana	Diced Peaches	Warm Apple Slices	
Milk	Milk	Milk	Milk	Milk	
WEEK 2 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Chicken Nuggets	Chicken Quesadilla	Pancakes & Egg & Cheese Omelet	Baked Rotini w/ Meat Sauce	Cheese Pizza	
Cooked Carrots	Refried Beans	Potato Triangle	Cooked Broccoli	Diced Cucumbers	
Diced Peaches	Mandarin Oranges	Applesauce	Strawberries	Mixed Fruit Cup	
Milk	Milk	Milk	Milk	Milk	
WEEK 3 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Hamburger on a Bun	Chicken Nuggets	French Toast Sticks Chicken Sausage Patty	Macaroni & Cheese	Grilled Cheese	
Baked Beans	Cooked Carrots	Green Beans	Romaine Lettuce Salad	Cooked Broccoli	
Warm Apple Slices	Diced Pineapple	Banana	Diced Peaches	Diced Pears	
Milk	Milk	Milk	Milk	Milk	
WEEK 4 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Chicken Patty on a Bun	Cheese Pizza	Pancakes & Yogurt & String Cheese	Baked Rotini w/ Meat Sauce	Chicken Quesadilla	
Corn	Diced Cucumbers	Potato Triangle	Cooked Broccoli	Refried Beans	
Mandarin Oranges	Diced Peaches	Mixed Fruit Cup	Diced Melon	Applesauce	
Milk	Milk	Milk	Milk	Milk	
Early Headstart Meal Pattern		Headstart Meal Pattern			
Meat/Protein	1 oz.	Meat/Protein	1-1/2 oz.		
Fruit	1/8 cup	Fruit	1/4 cup		
Vegetable	1/8 cup	Vegetable	1/4 cup		
Grains	1/2 oz. eq.	Grains	1/2 oz. eq.		
Milk	1/2 cup	Milk	3/4 cup		
1% Milk		1% Milk			

M	T	W	TH	F
SEPTEMBER 2026				
				NS
NS	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		
OCTOBER 2026				
			1	2
5	6	7	8	9
NS	13	14	15	16
19	20	21	22	23
26	27	28	29	NL
NOVEMBER 2026				
NS	NS	4	5	6
9	10	11	NS	NS
16	17	18	19	20
23	24	NS	NS	NS
30				
DECEMBER 2026				
	1	2	3	4
7	8	9	10	NL
14	15	16	17	18
NS	NS	NS	NS	NS
NS	NS	NS	NS	
JANUARY 2027				
				NS
4	5	6	7	8
11	12	13	14	15
NS	19	20	21	NL
25	26	27	28	29

NS = No School

NL = Half Day

The Food Service Office is Located in the CERC Building - 248 814-0201

Menu Subject to Change Without Notice