

Isniin

Monday

Talaado

Tuesday

Arbaco

Wednesday

Khamiis

Thursday

Jimco

Friday

5
Moose Shukulaato Jabjab Baar (V)

6
Siiriyaal Cinnamon Toast Crunch Cereal
Tiger Bites (V)

7
Siiriyaal Cinnamon Rice Chex Cereal (VG)
Buskud Giant Cinnamon Goldfish (VG)

1
Siiriyaal Cinnamon Rice Chex Cereal (VG)
Buskud Honey Graham Crackers (V)

2
Bagel Strawberry Yaryar

9
Buskud Ultimate Breakfast Round (V)

12
Maalinta
Dadka Asalka
(Dhamaan xarumaha wey xiranyihiin)

13
Siiriyaal Golden Grahams Cereal (VG)
Tiger Bites (V)

14
Siiriyaal Honey Bunches of Oats Cereal (V)
Buskud Giant Cinnamon Goldfish (VG)

15
Siiriyaal Apple Cinnamon Cheerios (VG)
Buskud Honey Graham Crackers (V)

16
Fanila Yogurt Blueberry Romaan Granola Baar

19
Tufaax Benefit Baar

20
Siiriyaal Cinnamon Toast Crunch Cereal (VG)
Tiger Bites (V)

21
Siiriyaal Apple Cinnamon Cheerios (VG)
Buskud Giant Cinnamon Goldfish (VG)

22
Siiriyaal Honey Bunches of Oats Cereal (VG)
Buskud Honey Graham Crackers (VG)

23
Buskud Ultimate Breakfast Round (V)

26
Siiriyaal Oatmeal Apple Cinnamon Cheerios

27
Siiriyaal Golden Grahams Cereal (VG)
Tiger Bites (V)

28
Siiriyaal Frosted Flakes Cereal
Buskud Giant Cinnamon Goldfish (VG)

29
Siiriyaal Cinnamon Rice Chex Cereal (VG)
Buskud Honey Graham Crackers (V)

30
Bagel Strawberry Yaryar

Wayaabaha la Bixiyo Maalin Kasto:

Doorashada Caanaha: Dufun la'aan, 1% Cadaan, Shukulaato Dufun la'aan,
Subag Digir & Malmalaato Sandwif,
Furuut