



OCTOBER 2026

Meniyuuga Qadada Dugsiga PRE- K RCSD

Shaqaaleysiinta RCSD waa fursad loo simanyahay. Meniyuuga woo isbadalaa karaa waqti kasto.

Isniin

Monday

Talaado

Tuesday

Arbaco

Wednesday

Khamiis

Thursday

Jimco

Friday

Dooro Daango
leh/Rooti
Borakli la uumiyay

Dooro Kirisbi Sandwij
Digir Cagaar la uumiyay
(VG)

Rooti Hilib Kuuskuusan
Digir la Dubay (VG)

Hilib L'o Farmaajo Rooti
Galay la uumiyay

Biisa Farmaajo
Turki Bebaroni Biisa
Karooto (VG)

Maalinta
Dadka Asalka
(Dhamaan xarumaha
wey xiranyihiin)

Rooti Farmaajo burge
Digir Cagaar la uumiyay
(VG)

Rooti Farmaajo Cufan
Digir la Dubay (VG)

Maraq & Jibsi Nacho
Galay la uumiyay

Biisa Farmaajo
Turki Bebaroni Biisa
Karooto (VG)

Dooro Kirisbi Sandwij
Borakli la uumiyay

Biisa Qajajac (V)
Digir Cagaar la uumiyay

Baasto Tortellini (V)
Digir la Dubay (VG)

Farmaajo burger
Hamburger
Galay la uumiyay

Biisa Farmaajo
Turki Bebaroni Biisa
Karooto (VG)

Dooro Cajar leh/Rooti
Borakli la uumiyay

Rooti Biisa Farmaajo (V)
Digir Cagaar la uumiyay

Dooro Macaan &
Dhanaan leh/Bariis
Digir la Dubay (VG)

Hilib L'o Farmaajo Rooti
Galay la uumiyay

Biisa Farmaajo
Turki Bebaroni Biisa
Karooto (VG)

Wayaabaha la Bixiyo Maalin Kasto:

Doorashada Caanaha: Dufun la'aan, 1% Cadaan,
Subag Digir & Malmalaato Sandwij, iyo
Furuut.