



OCTOBER 2026

LEYDEN HIGH SCHOOL DISTRICT 212

FREE DAILY MEALS FOR ALL STUDENTS!
Every student receives one *FREE* breakfast and one *FREE* lunch each day they attend school.

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Dog on
Whole Grain Bun
Chips
Fruit of the Day

Buttered Noodles
w/Chicken Tenders
& Parmesan Cheese
Steamed Broccoli
Fruit of the Day

Popcorn Chicken
Mashed Potatoes w/Gravy
Whole Grain Dinner Roll
Steamed Vegetable
Fruit of the Day

Nacho Grande
Spanish Rice
Refried Beans
Fruit of the Day

Calzones
w/Marinara
Steamed Vegetable
Fruit of the Day

**NO SCHOOL
INDIGENOUS
PEOPLES' DAY**

Pasta w/Meat Sauce
Garlic Bread
Steamed Vegetable
Fruit of the Day

Chicken Tenders
Fries
Whole Grain Dinner Roll
Fruit of the Day

Chicken w/Mozzarella
Cheese Empanada
Spanish Rice
Refried Beans
Fruit of the Day

Grilled Cheese on
Whole Grain Bread
Tomato Soup
Fruit of the Day

Chef's Choice
Fruit of the Day

**NO SCHOOL
PARENT/TEACHER
CONFERENCE**

Orange Chicken
Brown Rice
Steamed Broccoli
Fruit of the Day

Soft Chicken Tacos
Cilantro Lime Rice
Refried Beans
Fruit of the Day

Cheeseburger on
Whole Grain Bun
Tater Tots
Fruit of the Day

French Bread Pizza
w/Marinara Sauce
Steamed Vegetable
Fruit of the Day

Chicken Alfredo Pasta
Steamed Broccoli
Garlic Bread
Fruit of the Day

Boneless Wings
Celery & Carrots
Whole Grain Dinner Roll
Fruit of the Day

Nacho Grande
Spanish Rice
Refried Beans
Fruit of the Day

Mini Corn Dogs
Fries
Corn
Fruit of the Day

In addition to the daily lunch special, a variety of pizza slices, deli sandwiches, and salads are available each day. Fresh fruits and vegetables are served daily. A choice of fat-free flavored milk or low-fat plain milk is offered. Menu items are subject to change based on availability. This institution is an equal opportunity provider.



PAY FOR MEALS ONLINE
MySchoolBucks.com