



OCTOBER 2026

Ansonia High School

Monday

Tuesday

Wednesday

Thursday

Friday



Waffle Bites **5**
Chicken Sausage
Hash Brown Potatoes
Diced Peaches
Milk Choice

All Beef Sliders **6**
Baked Onion Rings
Mixed Fruit Cup
Milk Choice

Chicken Tenders **7**
Baked French Fries
Fresh Orange Wedges
Milk Choice

Breaded Ravioli **1**
Marinara Sauce
Seasoned Broccoli
Fresh Apple Slices
Milk Choice

Bacon Egg and Chees **2**
On WG Bagel
Hash Brown Potatoes
Diced Pears
Milk Choice

Orange Chicken **8**
Vegetable Fried Rice
Seasoned Green Peas
Diced Pineapple
Milk Choice

Steak & Cheese Grind **9**
Baked Onion Rings
Diced Peaches
Milk Choice

No Class

Chicken & Cheese Quesa **12**
Fiesta Black Beans
Mixed Fruit Cup
Milk Choice

Crispy Chicken Sliders **14**
Seasoned Green Beans
Fresh Fruit Choice
Milk Choice

Oven Baked Mozz Sticks **15**
Marinara Sauce
Seasoned Carrots
Milk Choice

Spicy Chicken Sandwich **16**
Baked Potato Wedges
Fresh Fruit Choice
Milk Choice

French Toast Sticks **19**
Hash Brown Potatoes
Maple Syrup
Fresh Apple Slices
Milk Choice

Pasta with Meat Sauce **20**
Garlic Bread
Seasoned Broccoli
Fresh Orange Wedges
Milk Choice

Crispy Chicken Sandwich **21**
Sweet Potato Fries
Diced Pears
Milk Choice

General Tso Chicken **22**
Vegetable Fried Rice
Seasoned Green Peas
Diced Pineapple
Milk Choice

No Class

Grilled Cheese Sandwich **26**
Baked French Fries
Mixed Fruit Cup
Milk Choice

Beef Soft Tacos **27**
Seasoned Corn
Salsa and Cheddar Cheese
Fresh Fruit Choice
Milk Choice

BBQ Chicken **28**
Mac & Cheese
Corn Bread
Diced Peaches
Milk Choice

Chicken Tenders **29**
Mashed Potatoes
Seasoned Carrots
Fresh Apple Slices
Milk Choice

Chicken Ramen Bowl **30**
Fresh Orange Wedges
Milk Choice

Daily Entrée Options: Assorted Boar's Head Sandwiches, Chef Salad, and Bagel/Yogurt & String Cheese Meal

Daily Fresh ½ C Veggie Cup Choices and 1/2C Fresh Fruit Choices

Milk Choices include 1% White, Fat Free Chocolate and Lactaid