

Monday

Tuesday

Wednesday

Thursday

Friday



5
Egg and Cheese Sandwich
WG Banana Bread Slice
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

6
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

7
Egg and Cheese Sandwich
WG Maple Sunrise Bites
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

1
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

2
Egg and Cheese Sandwich
Mini Whole Grain Donut
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

12
No Class

13
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

14
Egg and Cheese Sandwich
WG Blueberry Lemon Bites
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

8
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

9
Reduced Sugar Fruit Yogurt
WG Granola
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

15
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

16
Egg and Cheese Sandwich
Whole Grain Bagel
Low Fat Cream Cheese
100% Fruit Juice
Fresh Fruit Choice

19
Egg and Cheese Sandwich
WG Lemon Bread Slice
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

20
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

21
Egg and Cheese Sandwich
Mini Bagel with Cinnamon
Cream Cheese
100% Fruit Juice
Fresh Fruit Choice

22
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

23
No Class

26
Egg and Cheese Sandwich
Cinnamon Crumb Bread
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

27
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

28
Egg and Cheese Sandwich
General Mills Cereal Bar
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

29
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

30
Reduced Sugar Fruit Yogurt
WG Granola
100% Fruit Juice
Fresh Fruit Choice
Milk Choice