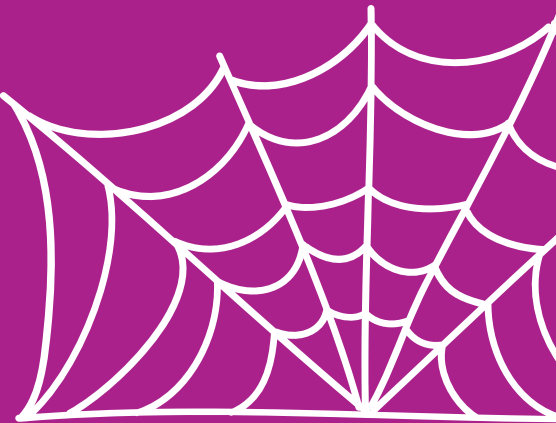


Director of Food &amp; Nutrition

Aedela Wolfe 412-824-8021 ext 4164 awolfe@eawildcats.net

| Monday                                                                                                                       | Tuesday                                                      | Wednesday                                                | Thursday                                          | Friday                                                           |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Daily Offers</b><br>Assorted Wraps<br>Assorted Hoagies<br>Wow Butter & Jelly Sandwich<br>Fresh Vegetables<br>Fresh Fruit  |                                                                                                                                               |                                                                                                                                           | <b>1</b><br>Meatball Hoagie<br>Seasoned Carrots<br>Diced Peaches<br>Beef & Cheese Nachos<br>Fruit & Yogurt Parafit w/Granola         | <b>2</b><br>Hot Dog<br>Seasoned Mixed Vegetables<br>Mandarin Oranges<br>Cheese or Pepperoni Pizza<br>Popcorn Chicken<br>Salad w/Fresh Bread         |
| <b>5</b><br>Swedish Meat Balls over Noodles<br>Seasoned Broccoli<br>Diced Peaches<br>Cheeseburger<br>Crispy Chicken<br>Salad w/Fresh Bread                                                                    | <b>6</b><br>BBQ Rib Sandwich<br>Tater Tots<br>Applesauce Cup<br>Chicken Patty Sandwich<br>Fruit & Yogurt Parfait w/Granola & Crackers         | <b>7</b><br>Popcorn Chicken Bowl<br>Seasoned Corn<br>Diced Peaches<br>Grilled Cheese Sandwich<br>Turkey & Ham<br>Chef Salad w/Fresh Bread | <b>8</b><br>Cheese Steak Hoagie<br>BBQ Baked Beans<br>Diced Peaches<br>Beef & Cheese Nachos<br>Fruit & Yogurt Parafit w/Granola      | <b>9</b><br>Chicken Enchilada Dip<br>Baked Fries<br>Mandarin Oranges<br>Cheese or Pepperoni Pizza<br>Popcorn Chicken<br>Salad w/Fresh Bread         |
| <b>12</b><br>Mac & Cheese w/Garlic Toast<br>Seasoned Green Beans<br>Diced Peaches<br>Cheeseburger<br>Crispy Chicken<br>Salad w/Fresh Bread                                                                    | <b>13</b><br>French Toast Sticks w/Sausage Patties<br>Tater Tots<br>Diced Pears<br>Chicken Patty Sandwich<br>Fruit & Yogurt Parfait w/Granola | <b>14</b><br>Pepperoni Cheese Stromboli<br>Seasoned Broccoli<br>Mandarin Oranges<br>Grilled Cheese Sandwich                               | <b>15</b><br>Hot Dog Bar<br>BBQ Baked Beans<br>Applesauce Cup<br>Beef & Cheese Nachos<br>Fruit & Yogurt Parfait w/Granola & Crackers | <b>16</b><br>Boneless Wings<br>Seasoned Mixed Vegetables<br>Mandarin Oranges<br>Cheese or Pepperoni Pizza<br>Popcorn Chicken<br>Salad w/Fresh Bread |
| <b>Daily Milk Options: Fat Free Chocolate or Vanilla 1% White</b>                                                                                                                                             |                                                                                                                                               |                                                                                                                                           |                                                                                                                                      |                                                                                                                                                     |

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|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| <b>19</b><br>Lasagna Rollup<br>w/Garlic Toast<br>Seasoned Carrots<br>Diced Peaches<br>Cheeseburger<br>Crispy Chicken<br>Salad w/Fresh Bread   | <b>20</b><br>Hot Ham &<br>Cheese Pretzel Bun<br>Tater Tots<br>Applesauce Cup<br>Chicken Patty Sandwich<br>Fruit & Yogurt Parfait wGranola & Crackers | <b>21</b><br>Italian Dunkers<br>Seasoned Broccoli<br>Mandarin Oranges<br>Grilled Cheese Sandwich<br>Turkey & Ham Chef salad             | <b>22</b><br><br><b>No School</b>                                                                                                    | <b>23</b><br><br><b>No School</b>                                                                                                 |
| <b>26</b><br>Breaded Chcken<br>Parn & Pasta<br>Seasoned Green Beans<br>Diced Peaches<br>Cheeseburger<br>Crispy Chicken<br>Salad w/Fresh Bread | <b>27</b><br>Pierogies w/Bread Slice<br>Seasoned Corn<br>Diced Pears<br>Chicken Patty Sandwich<br>Fruit & Yogurt Parfait w/Granola & Crackers        | <b>28</b><br>General Tso<br>Chicken Bowl<br>Seasoned Broccoli<br>Mandarin Oranges<br>Grilled Cheese Sandwich<br>Turkey & Ham Chef salad | <b>29</b><br>Pulled Pork Sliders<br>Seasoned Carrots<br>Applesauce Cup<br>Beef & Cheese Nachos<br>Fruit & Yogurt Parfait w/Granola & | <b>30</b><br>Sailsbury Steak w/Gravy & Mashed Potatoes<br>Pineapple Tid Bit<br>Cheese or Pepperoni Pizza<br>Popcorn Chicken Salad |



**Eat well, feel  
great, be  
amazing.**

**Daily Milk Options: Fat Free Chocolate or Vanilla 1% White**