



Director of Food & Nutrition

Aedela Wolfe 412-824-8021 ext 4164 awolfe@eawildcats.net

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Bacon Egg & Cheese on a English Muffin Cocoa Chip Beniefit Bar Craisins Orange Juice	2 Egg & Cheese Biscuit Donut Round Applesauce Cup Apple Juice
			5 Sausage Egg & Cheese on a English Muffin Banana Chunk Benefit Bar Pineapple Tid Bits Apple Juice	6 Egg Ham & Cheese on a Bagel Apple Roll Diced Peaches Orange Juice
			7 Bacon Egg & Cheese on a English Muffin Chocolate Chip Waffle Snaps Mixed Fruit Fruit Punch Juice	8 Sausage & Cheese Biscuit Banana Chocolate Chip Oatmeal Round Crasins Orange Juice
			9 Egg & Cheese Biscuit Double Chocolate Chip Muffin Applesauce Cup Apple Juice	
12 Sausage Egg & Cheese on a English Muffin Cinnamon Roll Pineapple Tid Bits Apple Juice	13 Egg Ham & Cheese on a Bagel Zee Zee Bar Diced Peaches Orange Juice	14 Sausage & Cheese Biscuit Mini Chocolate Donut Mixed Fruit Fruit Punch Juice	15 Bacon Egg & Cheese on a English Muffin Cocoa Chip Beniefit Bar Craisins Orange Juice	16 Egg & Cheese Biscuit Donut Round Applesauce Cup Apple Juice
Daily Milk Options: Fat Free Chocolate or Vanilla 1% White				



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Monday	Tuesday	Wednesday	Thursday	Friday
19 Sausage Egg & Cheese on a English Muffin Banana Chunk Benefit Bar Pineapple Tid Bits Apple Juice	20 Egg Ham & Cheese on a Bagel Apple Roll Diced Peaches Orange Juice	21 Bacon Egg & Cheese on a English Muffin Chocolate Chip Waffle Snaps Mixed Fruit Fruit Punch Juice	22 NO SCHOOL	23 NO SCHOOL
26 Sausage Egg & Cheese on a English Muffin Cinnamon Roll Pineapple Tid Bits Apple Juice	27 Egg Ham & Cheese on a Bagel Zee Zee Bar Diced Peaches Orange Juice	28 Sausage & Cheese Biscuit Mini Chocolate Donut Mixed Fruit Fruit Punch Juice	29 Bacon Egg & Cheese on a English Muffin Cocoa Chip Beniefit Bar Craisins Orange Juice	30 Egg & Cheese Biscuit Donut Round Applesauce Cup Apple Juice



Eat well, feel
great, be
amazing.

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