

First elementary meal is FREE, additional meals are \$2.50, Adult meals \$5.20 + tax. Bottled beverages, snacks and second portions ARE NOT included in the free lunch and are charged separately.

Daily Alternate Options

Yogurt Parfait with Strawberries and Granola

Yogurt Parfait with Strawberries

Sun Butter & Jelly on Wheat Bread

Whole Grain Bagel with Yogurt and Cheese Stick

Boars Head Turkey & Cheese on a Roll

Boars Head Ham & Cheese on a Roll

Cheese Sandwich

Wednesday, Thursday and Friday

Chicken Caesar Salad w Parmesan Cheese, Croutons & a Dinner Roll

Caesar Salad with Parmesan Cheese, Croutons & a Dinner Roll

Fresh Apples and Oranges available daily, other seasonal fruits available



NOW FREE!

October 2026

Grafflin, Westorcharde & Roaring Brook

Lunch MENU

SAME QUALITY
SAME INGREDIENTS
SAME GREAT TASTE

MON	TUES	WED	THURS	FRI
	Menus are subject to change		¹ French Toast Sticks Turkey Sausage OR Pizza Crunchers Fruit & Vegetable Bar Hormone Free Milk	² Cheese Pizza Pepperoni Pizza OR Chicken Caesar Salad Romaine Salad Fruit & Vegetable Bar Hormone Free Milk
⁵ Popcorn Chicken Dinner Roll OR Vegetarian Nuggets Seasoned Rice Fruit & Vegetable Bar Hormone Free Milk	⁶ Beef or Veggie Burger On a Bun Sweet Potato Fries Bean Salsa Fruit & Vegetable Bar Hormone Free Milk	⁷ Pasta w Marinara OR with Chicken Meatballs On a Roll Roasted Broccoli Fruit & Vegetable Bar Hormone Free Milk	⁸ Waffles Turkey Sausage OR Pizza Crunchers Fruit & Vegetable Bar Hormone Free Milk	⁹ Early Dismissal No Lunch Today
¹² Columbus Day School Closed	¹³ Seasoned Chicken Nachos with Shredded Cheddar Cheese OR Cheese Quesadilla Bean Salsa Fruit & Vegetable Bar Hormone Free Milk	¹⁴ Pasta w Marinara OR with Chicken Meatballs On a Roll Roasted Broccoli Fruit & Vegetable Bar Hormone Free Milk	¹⁵ French Toast Sticks Turkey Sausage OR Pizza Crunchers Fruit & Vegetable Bar Hormone Free Milk	¹⁶ Cheese Pizza Pepperoni Pizza OR Chicken Caesar Salad Romaine Salad Fruit & Vegetable Bar Hormone Free Milk
¹⁹ Chicken Tenders Dinner Roll OR Vegetarian Nuggets Seasoned Rice Fruit & Vegetable Bar Hormone Free Milk	²⁰ Beef Hotdog On a Bun or Grilled Cheese Bean Salsa Sweet Potato Fries Fruit & Vegetable Bar Hormone Free Milk	²¹ Pasta w Marinara OR with Chicken Meatballs On a Roll Roasted Broccoli Fruit & Vegetable Bar Hormone Free Milk	²² Waffles Turkey Sausage OR Pizza Crunchers Fruit & Vegetable Bar Hormone Free Milk	²³ Cheese Pizza Pepperoni Pizza OR Chicken Caesar Salad Romaine Salad Fruit & Vegetable Bar Hormone Free Milk
²⁶ Chicken Nuggets OR Vegetarian Nuggets Baby Carrots with Dip Fruit & Vegetable Bar Hormone Free Milk	²⁷ Beef or Veggie Burger On a Bun Sweet Potato Fries Bean Salsa Fruit & Vegetable Bar Hormone Free Milk	²⁸ Pasta w Marinara OR with Chicken Meatballs On a Roll Roasted Broccoli Fruit & Vegetable Bar Hormone Free Milk	²⁹ French Toast Sticks Turkey Sausage OR Pizza Crunchers Sweet Potato Fries Fruit & Vegetable Bar Hormone Free Milk	³⁰ Cheese Pizza Pepperoni Pizza OR Chicken Caesar Salad Romaine Salad Fruit & Vegetable Bar Hormone Free Milk

Powering potential.

All Lunches Include:

Entrée, Bread/Grain, Protein, Choice of Vegetable, Fruit/Juice and Choice of 1% White or Fat-Free White or Fat Free Chocolate Milk.

All daily fruits & vegetables are available to take with the above cold meals

Please Speak to Your Server, Chef or Manager. We have Gluten Free Options

If you have any questions or comments, please call the Food Service Department at

914-238-7201x20455

Food Service Director

Gary O'Grady
gaogrady@chappaquaschools.org

Snacks Offered: Not Included in a Meal

Baked Lays (gluten free)
Baked SunChips
Baked Tostitos (gluten Free)
Baked Cheezits
Baked Goldfish
Smartfood Popcorn
Rold Gold Pretzels
Lindens cookies (whole grain)
Rice Crispy Treats (whole grain)
Cinnamon Graham crackers
Rich's Low Fat Vanilla or Chocolate Ice Cream
Rosati Flavored Ice (dye free, dairy free)

If you would like to view menu item nutritional information please navigate to the following site and choose the proper building and click Today's Lunch and Change view to Weekly

[Home - Chappaqua Central SD](#)

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STUDENT
NUTRITION

This institution is an equal opportunity provider.