



**NOW
FREE!**

October 2026

Robert E. Bell & Seven Bridges MS

LUNCH MENU

SAME QUALITY

SAME INGREDIENTS

SAME GREAT TASTE

Lunch Price

First middle school meal is FREE, additional meals are \$3.00 Bottled beverages, snacks and second portions ARE NOT included in the free lunch and are charged separately.

Adults \$5.20 + Tax

All Lunches Include:

Entrée, Bread/Grain, Vegetable, Fruit/Juice (e.g. Fresh, Cup of Fruit or Juice) and Choice of 1% White or Fat-Free White or Chocolate Milk.

Grill Station –

Monday

Pizza Crunchers

Tuesday

Grilled Cheese

Wednesday

Hamburger/Cheeseburger or Vegetable Burger

Thursday

Chicken Tenders OR Vegetable Nuggets

Friday

Fish Sticks

MTO Deli Bar -

Choice of Boars Head Ham, Turkey and Buffalo Chicken and Assorted Cheeses on Whole Grain Roll or Bread

Pizza Bar –

Cheese, Pepperoni or Special Slice

Daily Salad* -

Turkey Chef Salad, Chicken Caesar Salad or Breaded Chicken Salad

*Served with Bread/Grain.

Please Contact the Food Service Director Gary O'Grady with any Questions or Concerns at: 914.238.7201 ext 20455

MON	TUES	WED	THURS	FRI
	Menus are subject to change		¹ General Tso's Chicken Rice Roasted Brussel Sprouts Fruit & Vegetable Bar	² Broccoli & Cheese or Spicy Pepperoni Stromboli 3 Bean Salad Baby Carrots Fruit & Vegetable Bar
⁵ Buffalo Chicken Sandwich With Sweet Potato Fries Roasted Cauliflower Fruit & Vegetable Bar	⁶ Beef or Cheese Burrito Rice Corn Salsa Fruit & Vegetable Bar	⁷ BBQ Chicken Corn Bread Black Bean Salsa Mixed Vegetables Fruit & Vegetable Bar	⁸ Pasta with Chicken Meatballs & Marinara Garlic Bread Cucumber & Tomato Salad Fruit & Vegetable Bar	⁹ Early Dismissal No Lunch Today
¹² Columbus Day School Closed	¹³ Chicken Tenders with Dipping Sauce and Rice Fruit & Vegetable Bar	¹⁴ Chicken Parm Pasta with Marinara Broccoli Fruit & Vegetable Bar	¹⁵ Homemade Macaroni & Cheese Garlic Bread Green Beans Fruit & Vegetable Bar	¹⁶ Cheese or Chicken & Cheese Quesadilla Salsa Bean Salad Corn Fruit & Vegetable Bar
¹⁹ Orange Glazed Chicken Rice Broccoli Fruit & Vegetable Bar	²⁰ Beef Hotdogs On a Bun Corn Fruit & Vegetable Bar	²¹ Cheese or Beef & Cheese Lasagna Sauteed Green Beans Fruit & Vegetable Bar	²² Waffles Turkey Sausage Potato Puffs Sweet Potato Fries Fruit & Vegetable Bar	²³ Gochujang Hot Honey Chicken Sandwich Garden Salad Fruit & Vegetable Bar
²⁶ Chicken Tenders with Dipping Sauce and Rice Fruit & Vegetable Bar	²⁷ Chicken Tacos or Nacho W Cheese & Salsa 3 Bean Salad Baby Carrots Fruit & Vegetable Bar	²⁸ Marinated Chicken Lo Mein Roasted Broccoli Fruit & Vegetable Bar	²⁹ Chicken Fajita Rice Roasted Brussel Sprouts Fruit & Vegetable Bar	³⁰ Boneless Chicken Wings with Dipping Sauce Garlic Bread Fruit & Vegetable Bar

**Powering
potential.**



****Need to add money to your Childs account**

*Log on to – [MySchoolBucks.com](https://www.myschoolbucks.com)

Or Pay w cash or a check made out to Chappaqua School Lunch Fund

If you would like to view menu item nutritional information, please navigate to the following site and choose the proper building and click Todays Lunch and Change view to Weekly

[Home - Chappaqua Central SD](https://www.chappaqua.org)

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.