First Grade Digital Citizenship

Curriculum/Content Area: Digital Citizenship	**Course Length:** Academic Year
Course Title: Digital Citizenship	**Date last reviewed:** 2025
Prerequisites: N/A	**Board approval date:** 8/11/2020
Primary Resource: Common Sense Media	

Desired Results

Course description and purpose: Digital citizenship lesson plans are designed to address timely topics and prepare students to take ownership of their digital lives.

Enduring Understanding:	**Essential Questions**: *big picture questions, aligned with enduring understandings*
Students recognize the rights, responsibilities and opportunities of living, learning and working in an interconnected digital world, and they act and model in ways that are safe, legal and ethical.	INTRODUCTION: How can we be safe, responsible, and respectful online?
	MEDIA BALANCE & WELL-BEING: Why is it important to listen to your feelings when using technology?
	PRIVACY & SECURITY: How do you stay safe when visiting a website or app?

FIRST GRADE

PAUSE & THINK ONLINE	
Essential Questions: 1. How can we be safe, responsible, and respectful online?	
STANDARDS	
ISTE 1d,2b,2c,3d,7a,7c,7d	**CASEL** 1a,1e,2a,2b,2c,3b,3d,4a,4b,4c,4d,5a,5b,5c,5d,5e,5f
Learning Targets	
Students will be able to... ● Understand the importance of being safe, responsible, and respectful online. ● Learn the "Pause & Think Online" song to remember basic digital citizenship concepts.	
Resource	
● Common Sense Media	

Lesson
Pause and Think Online
Lesson Overview
From our head down to our toes, and our feet up to our nose, the Digital Citizens teach students how to be safe, responsible, and respectful online.
Resource Links
Pause & Think Online (lesson link updated 8/2026)

Managing Device Distractions	
Essential Questions: 1. How can I deal with device distractions and keep my focus?	
STANDARDS	
ISTE 1d,2b,2c,3d,7c,7d	**CASEL** 1a,1b,1e,2c,3b,4a,4b,4c,4d,5a,5b,5c,5d,5e
Learning Targets	
Students will be able to... ● Reflect on what it's like to keep your focus on a task ● Understand what a device distraction is, and recognize examples ● Learn strategies to manage device distractions at school	
Resource	
● Common Sense Media	
Lesson	
Managing Device Distractions	
Lesson Overview	
Device distractions are likely to happen when kids use tech at school or home. Help your students learn how to manage these distractions so they can focus on learning and building positive tech habits.	
Resource Links	
Managing Device Distractions (lesson link updated 8/2026)	

Internet Traffic Light	
Essential Questions: 1. How do you stay safe when visiting a website or app?	
STANDARDS	
ISTE 1d,2b,2c,3d,7c	**CASEL** 1a,1e,2a,2b,2c,4a,4b,4c,4d,5a,5b,5c,5d,5e
Learning Targets	
Students will be able to... ● Understand that being safe online is similar to staying safe in real life. ● Learn to identify websites and apps that are "just right" and "not right" for them. ● Know how to get help from an adult if they are unsure about a website.	
Resource	
● Common Sense Media	
Lesson	
Internet Traffic Light	
Lesson Overview	
Staying safe online is a lot like staying safe in the real world. Using a fun traffic light activity, students learn how to identify "just right" content, giving them the green light to learn, play, and explore the internet safely.	
Resource Links	
Internet Traffic Light (lesson link updated 8/2026)	