

DASD HIGH SCHOOL LUNCH MENU

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BKFST: Apple Frudel Feature: Grilled ham & Cheese Premium: Southwest Chicken Melt Pizza: Veggie Pasta: Chicken Lo Mein	2 BKFST: Donut Feature: French Toast W/ Sausage Premium: Boneless Chicken Wings Pizza: Taco Pasta: Chicken Lo Mein
5 BKFST: Strawberry Bagel-ful Feature: Southwest Crunch Burger Premium: Chicken Parm Melt Pizza: Onion & Pepper Pasta: Chicken Penne Marinara	6 BKFST: Mini Maple Waffles Feature: Southwest Crunch Burger Premium: General Tso Chicken & Rice Pizza: BBQ Chicken Pasta: Chicken Penne Marinara	7 BKFST: Pancake Bites Feature: Country Chicken Mash Bowl Premium: Buffalo Chicken Cheesesteak Pizza: Pepperoni Roll Pasta: Chicken Penne Marinara	8 BKFST: Cherry Frudel Feature: Pizza Crunchers Premium: BBQ Pulled Pork Sandwich Pizza: Buffalo Chicken Pasta: Chicken Penne Marinara	9 BKFST: Donut Feature: Mini Pierogis Premium: Buffalo Chicken melt Pizza: Meatball Pasta: Chicken Penne Marinara
12 School Closed Professional Development	13 BKFST: Breakfast Burrito Feature: Cheese Quesadilla Premium: Chicken Quesadilla w/ rice Pizza: BBQ Chicken Pasta: Chicken Alfredo	14 BKFST: Churro Bites Feature: Chicken Cheesesteak Premium: Popcorn Chicken Parm sandwich Pizza: Sausage Rolls Pasta: Chicken Alfredo	15 BKFST: Mini Pancakes Feature: Honey Stung Popcorn Chicken Premium: Pizza Burger Pizza: Broccoli Ranch Pasta: Chicken Alfredo	16 BKFST: Donut Feature: French Toast W/ Sausage Premium: Boneless Chicken Wing Pizza: Buffalo Chicken Pasta: Chicken Alfredo
19 BKFST: Confetti Pancakes Feature: Pizza Bagels Premium: Pitt Chicken Melt Pizza: Onion & Pepper Pasta: Pesto Chicken Penne	20 BKFST: Breakfast Pizza Feature: Chicken Tacos Premium: Turkey barbacoa Quesadilla & Rice Pizza: Pepperoni Rolls Pasta: Pesto Chicken Penne	21 BKFST: Mixed Berry Scone Feature: BBQ Chicken Flatbread Premium: Sweet Sour Chicken w/ Broccoli & Rice Pizza: Sausage Pasta: Pesto Chicken Penne	22 BKFST: Cinni Mini Feature: Meatball Sub Premium: Beef Cheesesteak Pizza: Cheeseburger Pasta: Pesto Chicken Penne	23 BKFST: Donut Feature: Buffalo Chicken Mac & Chees Premium: Lasagna Rollettes Pizza: MTaco Pasta: Pesto Chicken Penne
26 BKFST: Sausage Pancake Stick Feature: Pizza Wafflaco Premium: BBQ Chicken Cheesesteak Pizza: Bacon Pasta: Mac & Cheese	27 BKFST: Blueberry Waffles Feature: Beef Walking Taco Premium: Sriracha Fish Tacos Pizza: Veggie Pasta: Mac & Cheese	28 BKFST: Breakfast Burrito Feature: Ham & Cheese Pretzel Premium: Orange Chicken & Rice Pizza: BBQ Chicken Pasta: Mac & Cheese	29 BKFST: Mini Maple Waffles Feature: Bean & Cheese Burrito Premium: Jalapeno popper Burger Pizza: Pepperoni Rolls Pasta: Mac & Cheese	30 BKFST: Donut Feature: French Toast W/ Sausage Premium: Buffalo Chicken Melt Pizza: Broccoli Ranch Pasta: Mac & Cheese

DAILY MENU:

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Veggie Burger or Veggie Nuggets, one of the following: Chicken Nuggets, Chicken Tenders, Popcorn Chicken, Boneless Wings

Grab & Go: Uncrstable, Assorted Salads, Assorted Wrap/ Sandwiches

Fruit: Fresh Apple, Orange Slices, Assorted Canned Fruit, or 100% Fruit Juice

Vegetable: Baked Fries, Tots or Smiles, Fresh Broccoli, Cucumber Slices, Baby Carrots

Milk: 1% White Milk, Skim Chocolate

Dietary Restrictions?

Please contact Connor Cooke at: ccooke@dasd.org

