

DASD MIDDLE SCHOOL LUNCH MENU

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BKFST: Blueberry Waffles Entrée A: Oven fried Chicken & a Biscuit Entrée B: Pizza Max Sticks Salad: Egg Chef Salad Deli: Turkey & Cheese Sandwich Pizza: Cheese & Pepperoni	2 BKFST: Mixed Berry Scone Entrée A: French Toast & Turkey Sausage Entrée B: Corn dogs Salad: Egg Chef Salad Deli: Turkey & Cheese Sandwich Pizza: Cheese & Pepperoni
5 BKFST: Strawberry Bagel-ful LTO: Southwest Crunch Burger Entrée B: Chicken Cheesesteak Salad: Chicken & Cheese Deli: Chicken Ham & Cheese Sub. Pizza: Cheese & Pepperoni	6 BKFST: Cinnamon Donut Holes Entrée A: Beef Nachos Entrée B: Spicy Chicken Sandwich Salad: Chicken & Cheese Deli: Chicken Ham & Cheese Sub. Pizza: Cheese & Pepperoni	7 BKFST: Chicken Ham & Ch. Bagel Entrée A: Country Chicken Bowl Entrée B: Pizza Crunchers Salad: Chicken & Cheese Salad Deli: Chicken Ham & Cheese Sub. Pizza: Cheese & Pepperoni	8 BKFST: Chicken Biscuit Entrée A: Chicken Penne Marinara Entrée B: Buffalo Chicken Ques. Salad: Chicken & Cheese Deli: Chicken Ham & Cheese Sub. Pizza: Cheese & Pepperoni	9 BKFST: Pancake Bites Entrée A: Pizza Bagels Entrée B: Chicken Bacon Ranch FB Salad: Chicken & Cheese Deli: Chicken Ham & Cheese Sub. Pizza: Cheese & Pepperoni
12 School Closed Professional Development	13 BKFST: Cherry Frudel Entrée A: Chicken Soft Tacos Entrée B: Cheese Quesadilla Salad: Italian Salad Deli: Turkey & Cheese Sub. Pizza: Cheese & Pepperoni	14 BKFST: Egg & Cheese Bagel Entrée A: Buffalo Chicken Mac & Cheese Entrée B: Pizza Bagels Salad: Italian Salad Deli: Turkey & Cheese Sub. Pizza: Cheese & Pepperoni	15 BKFST: Cinni-Mini Entrée A: Meatball Sandwich Entrée B: Pizza Cruncher Salad: Italian Salad Deli: Turkey & Cheese Sub. Pizza: Cheese & Pepperoni	16 BKFST: Maple mini waffles Entrée A: French Toast sticks & Sausage Entrée B: Sweet Chili Boneless Wings Salad: Italian Salad Deli: Turkey & Cheese Sub. Pizza: Cheese & Pepperoni
19 BKFST: Maple Waffles Entrée A: Chicken bacon ranch FB Entrée B: Spicy Chicken Sandwich Salad: Cheese Salad Deli: Chicken Ham & Ch. Sandwich. Pizza: Cheese & Pepperoni	20 BKFST: Cinnamon bun Entrée A: Bacon Quesadilla Entrée B: Sriracha Ranch Chicken Sandwich Salad: Cheese Salad Deli: Chicken Ham & Ch. Sandwich Pizza: Cheese & Pepperoni	21 BKFST: Powdered Donut Entrée A: Lasagna Roll Ups w/ Breadstick Entrée B: Bacon Cheeseburger Salad: Cheese Salad Deli: Chicken Ham & Ch. Sandwich Pizza: Cheese & Pepperoni	22 BKFST: Cinni Mini Entrée A: Meatball Sandwich Entrée B: Pizza Cruncher Salad: Cheese Salad Deli: Chicken Ham & Ch. Sandwich Pizza: Cheese & Pepperoni	23 BKFST: Mixed Berry Scone Entrée A: Buffalo Chicken Melt Entrée B: Grilled Ham & Cheese Salad: Cheese Salad Deli: Chicken Ham & Ch. Sandwich Pizza: Cheese & Pepperoni
26 BKFST: Apple Frudel Entrée A: Pizza Waffleacos Entrée B: Buffalo Chicken Sandwich Salad: Popcorn Chicken Deli: Turkey & Cheese Sandwich Pizza: Cheese & Pepperoni	27 BKFST: Chicken Ham & Ch. Bagel Entrée A: Beef Walking Taco Entrée B: Chicken Quesadilla Salad: Popcorn Chicken Deli: Cheese Sub. Pizza: Cheese & Pepperoni	28 BKFST: Chicken Biscuit Entrée A: Buffalo Chicken Cheesesteak Entrée B: Chicken Parm. Sandwich Salad: Popcorn Chicken Deli: Cheese Sub. Pizza: Cheese & Pepperoni	29 BFAST: Pumpkin donut Entrée A: BBQ cheeseburger Entrée B: Hot dog Salad: Popcorn Chicken Deli: Cheese Sub. Pizza: Cheese & Pepperoni	30 BFAST: Maple Mini Pancakes Entrée A: French Toast sticks & Sausage Entrée B: Pizza Max Sticks Salad: Popcorn Chicken Deli: Cheese Sub. Pizza: Cheese & Pepperoni

DAILY MENU:

Grill Station: Hamburger, Cheeseburger, Chicken Patty, Veggie Burger or Veggie Nuggets, one of the following: Chicken Nuggets, Chicken Tenders, Popcorn Chicken

Grab & Go: Uncrustable, Muffin pack or Bagel Pack

Fruit: Fresh Apple, Orange Slices, Assorted Canned Fruit, or 100% Fruit Juice

Vegetable: Baked Fries, Tots or Smiles, Fresh Broccoli, Cucumber Slices, Baby Carrots

Milk: 1% White Milk, Skim Chocolate

Dietary Restrictions?

Please contact Connor Cooke at: ccooke@dasd.org

