

All students will be offered a daily breakfast and lunch meal at no cost for SY 25-26!

October 2026

Elementary

Breakfast & Lunch Menu

Students select from a fresh Fruit & Vegetable salad bar daily.

Skim & 1% Milk is offered at all Meals

How does a student build a meal?

A student needs to take food from 3 different food groups, with at least 1/2 cup of fruit and/or vegetables on their tray. Food Groups: Meat/Meat Alternative, Grain, Milk, Fruit, and Vegetables.

♥ Central Kitchen Scratch Cooked, 🍷 Seasonal or Local Highlight, 🌿 Vegetarian lunch option which may contain egg or cheese, **P** Contains Pork



Celebrate Monthly Birthdays! Any student who gets a meal will receive a Rice Krispy treat!

Monday 28-Sep	Tuesday 29-Sep	Wednesday 30-Sep	Thursday 1-Oct	Friday 2-Oct
Breakfast: Mini-Cinnamon Rolls or Yogurt Cup & Crackers	Breakfast: Breakfast Scrambler or Mini Pancakes	Breakfast: Breakfast Burrito or Banana Bread	Breakfast: Egg & Cheese Croissant or Cereal	Breakfast: Bethel Special Waffle or Blueberry Parfait
Lunch 🌿 Cheese Pizza with Green Beans	Lunch Chicken & Waffles	Lunch Teriyaki Chicken, ♥ Fried Rice & Egg Roll	Lunch ♥ Sloppy Joe with Roasted Sweet Potato	Lunch ♥ Cheesy Chicken Taco with Refried Beans
5-Oct	6-Oct	7-Oct	8-Oct	9-Oct
Breakfast: Cinnamon Breakfast Square or Yogurt Cup & Granola	Breakfast: Bagel w/ Cream Cheese or Muffin	Breakfast: Breakfast Pocket or Pumpkin Bread	Breakfast: Sausage Bagel Sandwich or Cereal	Breakfast: Cinnamon Roll ♥ or 🍷 Peach Parfait
Lunch: Cheeseburger with Waffle Fries	Lunch: Orange Chicken with ♥ Fried Rice	Lunch: ♥ 🌿 Mac & Cheese with ♥ Bethel Baked Beans P	Lunch: ♥ 🌿 🍷 Frito Walking Taco ♥ Black Bean & Corn Salsa	Lunch: Fish Sticks & Roll with Tater Tots
12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
Breakfast: Bagel-Pull-Apart or Yogurt Cup & Crackers	Breakfast: Combo Bar P or Mini Pop Pancakes	Breakfast: Breakfast Pizza or Banana Bread	Breakfast: ♥ Pumpkin Scone or or Cereal	No School
Lunch: Personal Pepperoni Pizza with Corn	Lunch: 🌿 Cheesy Ravioli with Breadsticks	Lunch: Chicken Nuggets with Onion Rings	Lunch: ♥ 🌿 🍷 Turkey & Gravy with Mashed Potatoes	
19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
Breakfast: Mini Waffles or Yogurt Cup & Granola	Breakfast: Pancake on a Stick or Muffin	Breakfast: Bagel w/ Cream Cheese Pumpkin Bread	Breakfast: Sausage Biscuit Sandwich or or Cereal	Breakfast: ♥ Banana Choco Chip Bread or Peach Parfait
1/2 Day Sack Lunch: 🌿 Sunbutter Sandwich with Fritos	Lunch: French Toast Sticks & Sausage with Hash browns	Lunch: ♥ Fajita Nachos with Refried Beans	Spooky Lunch: Batty Chicken Nuggets 🦇 with Smiley Fries	Lunch: Chicken Sandwich with corn
26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
Breakfast: Mini-Cinnamon Rolls or Yogurt Cup & Crackers	Breakfast: Breakfast Scrambler or Mini Pancakes	Breakfast: Breakfast Burrito or Banana Bread	Breakfast: Egg & Cheese Croissant or Cereal	Breakfast: Bethel Special Waffle or Blueberry Parfait
1/2 Day Sack Lunch: Ham & Cheese Sandwich with Carrots & Tomatoes	1/2 Day Sack Lunch: 🌿 Sunbutter Sandwich with Bunny Grahams	1/2 Day Sack Lunch: Pepperoni Pizza Pocket with Grapes	1/2 Day Sack Lunch: Corn Dog with fresh apples and radish slices	1/2 Day Sack Lunch: 🌿 Grilled Cheese Sandwich with Jicama sticks