

Meal Prices	
Student Paid Lunch	\$2.90
Student Breakfast	Free
Reduced Lunch	Free
Adult Lunch	\$4.50

Penn London Elementary School Breakfast & Lunch Menu October 2026

School lunch and breakfast, still the best deal in town!



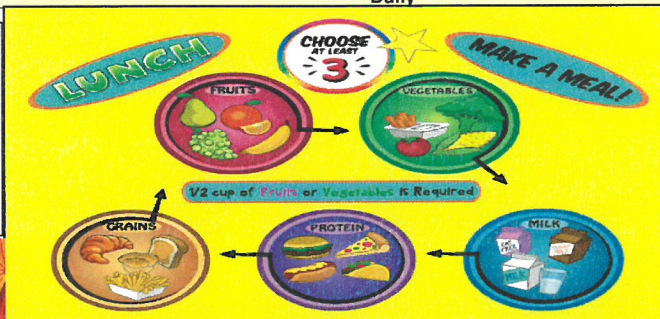
Meals include an Entrée, Vegetables, Fruit variety and a Milk choice (White 1% or Skim, or Non-fat Chocolate) Fresh Fruit, Veggies & Dip Available Daily

Available Daily
Breakfast
Cereal & Cheese Stick
Lunch Peanut Butter & Jelly Meal
Cold Cheese Sandwich Meal
(Served with Fruit, Vegetables and Milk)

This institution is an equal opportunity employer
Menus are subject to change



Fuel your body for learning
with a healthy meal

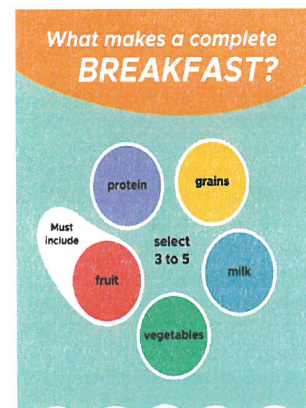


Thurs Oct 1	Fri Oct 2
Breakfast Pancake Bites with Mandarins, Milk Choice	Breakfast Cinnamon Roll with Applesauce, Milk Choice
Lunch Max Cheese Sticks with Marinara Sauce, Broccoli, Mixed Fruit Cup	Lunch Personal Pan Pizza with Steamed Peas and Garden salad, Pear Cup

Mon Oct 5	Tues Oct 6	Wed Oct 7	Thurs Oct 8	Fri Oct 9
Breakfast Cereal & Yogurt with Apple Slices, Milk Choice	Breakfast Muffin with Cheese Stick and Apple Slices, Milk Choice	Breakfast Breakfast Pizza with 100% Fruit Juice, Milk Choice	Breakfast French Toast with Apple Slices, Milk Choice	Breakfast WG Crumb Cake with Mixed Fruit Cup, Milk Choice
Lunch Chicken and Waffles, Baked French Fries, Pear Cup	Lunch Ham & Cheese Hoagie with Baked chips and Baked Beans, Applesauce	Lunch Chicken Patty with Seasoned Corn and Peaches	Lunch Mac n Cheese with Broccoli and Orange Slices	Lunch Dominos Cheese Pizza Slice with Steamed peas and Garden Salad, Grapes

Mon Oct 12	Tues Oct 13	Wed Oct 14	Thurs Oct 15	Fri Oct 16
NO SCHOOL TODAY National School Lunch Week Oct 12-16	Breakfast Bagel with Cream Cheese, Pear Cup, Milk Choice	Breakfast Pancake Bites with Mandarins, Milk Choice	Breakfast Yogurt & Grahams with Apple Slices, Milk Choice	Breakfast Fruit & Yogurt Parfait, Mixed fruit, Milk Choice
	Lunch FUN HOUSE Max Cheese Sticks with Marinara, Steamed Carrots, Applesauce	Lunch 3 RING Beef Taco Bites with Seasoned Corn, Refried Beans and Rice, Apple Slices	Lunch STEP RIGHT UP Chicken Corn Dogs, Baked French Fries with Sidekiks 100% Fruit Juice Frozen treats	Lunch BIG TOP Pizza Slice with Steamed Peas and Garden Salad, Grapes

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schoolcafe
Student Meal
Accounts

Mon Oct 19	Tues Oct 20	Wed Oct 21	Thurs Oct 22	Fri Oct 23
Breakfast Muffin with Cheese Stick and Apple Slices, Milk Choice	Breakfast Cinnamon Roll with Mixed Fruit Cup, Milk Choice	Breakfast Fruited with 100% Fruit Juice, Milk Choice	Breakfast Fruit Loop Waffles with Apple Slices, Milk Choice	Breakfast Cereal & Yogurt w Mixed Fruit Cup, Milk Choice
Lunch Chicken Tenders with Pretzel, Corn and Applesauce	Lunch Burgers with Baked Fries and Pear cup	Lunch Pizza Dippers with Marinara and Green Beans, Mixed Fruit Cup	Lunch Teriyaki Chicken with Fried Rice, Broccoli and Orange Slices	Lunch Stuffed Crust Pizza with Steamed Peas and Garden Salad, Grapes
Mon Oct 26	Tues Oct 27	Wed Oct 28	Thurs Oct 29	Fri Oct 30
Breakfast Breakfast Pizza with 100% Fruit Juice, Milk Choice	Breakfast WG Crumb Cake with Mixed Fruit Cup, Milk Choice	Breakfast French Toast with Apple Slices, Milk Choice	Breakfast Fruit & Yogurt Parfait, Mixed fruit, Milk choice	Breakfast Bagel with Cream Cheese, Pear Cup, Milk Choice
Lunch Chicken Patty with Seasoned Corn and Peaches	Lunch Hot Dogs with Baked Fries and 100% Juice	Lunch Ham & Cheese Hoagie with Baked chips and Baked Beans, Applesauce	Lunch Personal Pan Pizza with Steamed Peas and Garden salad, Pear Cup	Lunch Halloween Grilled Cheese with Tomato Soup and Apple Slices

