

Kings Canyon USD

KCUSD K-5 LUNCH

K-5 LUNCH

October 2026

Page 1

Aug 18, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 DELI SANDWICH Cheeseburger Buddies CARROTEENIES Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 2 Bean/Cheese Burrito WGR Pizza Wedge Waffle Fries Harvest Salad Fruit Cup, Variety MILK - Variety* Assorted Condiments
Oct - 5 BEEFY NACHOS WGR Chicken Strips Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Oct - 6 WGR Grilled Cheese Spaghetti Harvest Salad CARROT STICKS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 7 WGR TexMex Bowl Bean/Cheese Burrito Fresh Cucumber BEANS REFRIED SPICY 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 8 Jambalaya K-5 Stuffed Pizza Pocket Steamed Broccoli Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 9 WGR Cheezy Bites DELI SANDWICH Vegetable Medley Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments
Oct - 12 Bean & Cheese Tostada WGR Chicken Strips CARROTEENIES Sweet Corn Fruit Cup, Variety MILK - Variety* Assorted Condiments	Oct - 13 Carnitas and Rice Bowl WGR Corn Dog Harvest Salad BEANS REFRIED SPICY 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 14 Beef/Cheese Taco Stick WGR Grilled Cheese Waffle Fries Zucchini Sticks Fruit Cup, Variety MILK - Variety* Assorted Condiments	Oct - 15 Shepherd's Pie Chicken Nuggets Vegetable Medley Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 16 BEEFY NACHOS WGR French Bread Pizza CELERY STICKS Harvest Salad Fruit Cup, Variety MILK - Variety* Assorted Condiments
Oct - 19 Chili Beans & Corn Muffin WGR Cheezy Bites Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Oct - 20 Turkey and Gravy WGR Grilled Cheese Harvest Salad Stir Fry Veggie Blend 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 21 Chicken Burger Beef/Cheese Taco Stick Zucchini Sticks BAKED BEANS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 22 DELI SANDWICH Cheeseburger Buddies CARROTEENIES Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 23 Chicken Alfredo Pasta WGR Pizza Wedge Waffle Fries Harvest Salad Fruit Cup, Variety MILK - Variety* Assorted Condiments
Oct - 26 BEEFY NACHOS WGR Hot Dog Sweet Corn CARROTEENIES Fruit Cup, Variety MILK - Variety* Assorted Condiments	Oct - 27 WGR Grilled Cheese Spaghetti Harvest Salad CARROT STICKS 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 28 WGR TexMex Bowl Bean/Cheese Burrito Fresh Cucumber BEANS REFRIED SPICY 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 29 WGR Beef Rib Q Stuffed Pizza Pocket Steamed Broccoli Harvest Salad 1/2 Cup Fresh Fruit MILK - Variety* Assorted Condiments	Oct - 30 NO SCHOOL TODAY

This Institution is an equal opportunity provider.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Kings Canyon USD

KCUSD K-5 LUNCH

K-5 LUNCH

October 2026

Page 2

Aug 18, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------

Menu is subject to change.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*