

2025 OCTOBER 2025

Hanover

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
At breakfast we always serve a hot breakfast along with a cold choice of either cereal, muffin or bagel with a cheese stick, fruit and juice. All lunches are served with whole grains, fresh fruit, vegetables and salad bar. If your child has a severe or life threatening allergy, please notify the school nurse and Nutrition Director. You must fill out a meal medical statement and have it signed by a physician. The top 9 allergens are: Milk, eggs, peanuts, soy, wheat, tree nuts, fish, shellfish and crustaceans.			1 Waffles w/sausage, mixed fruit and milk Beefy Nachos w/ cheese, rice, taco bar, mixed veggies and mixed fruit	2 Pancake on a stick, mixed fruit and milk HB or CB w/ chips, salad bar, mixed fruit and mixed veggies
5	6 Scrambled eggs w/ sausage, hash brown, mixed fruit and milk Ravioli w/ garlic bread, salad bar and mixed veggies	7 Oatmeal or cereal, sausage link, mixed fruit and milk Corndog w/ mac n cheese, salad bar, mixed vegies and mixed fruit	8 Yogurt parfait w/ toppings, mixed fruit and milk Cheesy quesadilla w/ taco bar, mixed veggies and mixed fruit	9 Assorted donuts w/ sausage. Mixed fruit and milk Ham and cheese wrap w/ chips, salad bar and mixed fruit
12	13 Cereal and yogurt, mixed fruit and milk Chicken sandwich w/ fries, salad bar, mixed veggies and mixed fruit	14 Omelet w/ ham, mixed fruit and milk Chicken noodle soup w/ crackers, salad bar and mixed fruit	15 Pancakes w/ sausage, mixed fruit and milk Chili w/ cornbread, salad bar and mixed fruit	16 Biscuits w/ sausage gravy, juice, mixed fruit and milk Cheesy mozzarella bread w/ sauce, salad bar, mixed veggies and mixed fruit
19	20 French toast w/ sausage, mixed fruit and milk Teriyaki chicken w/ rice and egg roll, salad bar and mixed fruit	21 Ham and cheese croissant w/ mixed fruit and milk Vegetable beef soup w/ biscuit, salad bar and mixed fruit	22 Breakfast sandwich w/ sausage, egg and cheese, mixed fruit and milk Pepperoni spaghetti bake w/ breadstick, salad bar and mixed fruit	23 Assorted muffins or cereal bar, sausage, mixed fruit and milk Pizza day w/ corn, salad bar and mixed veggies
26	27 Pancake on a stick, mixed fruit and milk HB or CB w/ chips, salad bar and mixed fruit	28 Breakfast pizza, mixed fruit and milk Chicken pot pie w/ a biscuit, salad bar and mixed fruit	29 Waffles and sausage, mixed fruit and milk Cheesy nachos w/ taco bar, salad bar and mixed fruit	30 Breakfast burritos, salsa, mixed fruit and milk Managers choice w/ salad bar, mixed veggies and mixed fruit