

October 2026

JR HIGH LUNCH MENU



Announcements

Announcement text goes here.

Offered Daily:

Assorted Fruit
Assorted Milk
Uncrustable & Yogurt



Other Options Offered:

Pizza (M-W-F)

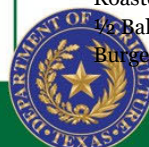
Uncrustable & Yogurt
(Offered Daily)

Cheeseburger (T-TH)

Spicy Chicken Burger
(Thursday)

Hamburger (Tuesday)

Monday	Tuesday	Wednesday	Thursday	Friday
			01 Chicken Taquitos Spanish Brown Rice Normandy Blend Spicy Black Beans A la Charra Burger Salad	02 No School
05 Breaded Steak Strips w/ Biscuit & Gravy Cup Seasoned French Fries Normandy Blend	06 Mandarin Orange Chicken w/ Steamed Brown Rice Tangy Cucumber Slices Spicy Edamame Burger Salad	07 Beef Nachos Brown Spanish Rice Re-fried Beans Roasted Corn	08 Lemon Pepper Chicken Dinner Roll Zesty Broccoli ½ Baked Potato Burger Salad	09 Chicken Parmesan w/ Spaghetti Fresh Spring Salad Roasted Baby Carrots
12 NO SCHOOL	13 Chicken & Waffles Macaroni & Cheese Sweet Potato Fries Mixed Vegetables Burger Salad	14 Crispy Beef Tacos Coditos Taco Salad Beans A la Charra	15 Chicken Rotini Alfredo w/ Garlic Bread Stick Normandy Blend Fresh Spring Salad Burger Salad	16 Homemade Oven Fried Chicken w/ Large Dinner Roll Mashed Potato & Gravy Seasoned Green Beans
19 Chicken Poppers w/ WG Roll Homestyle Mashed Potato & Gravy Seasoned Green Beans	20 Lasagna Roll w/ Garlic Bread Stick Sweet Potato Fries Broccoli Parm Burger Salad	21 Cheesy Beef & Corn Chips Taco Salad Mexican Street Corn	22 Chicken Taquitos Spanish Brown Rice Normandy Blend Spicy Black Beans A la Charra Burger Salad	23 Pepperoni Pizza & Wings Mixed Vegetables Veggie Cup Burger Salad
26 Breaded Steak Strips w/ Biscuit & Gravy Cup Seasoned French Fries Normandy Blend	27 Mandarin Orange Chicken w/ Steamed Brown Rice Tangy Cucumber Slices Spicy Edamame Burger Salad	28 Beef Nachos Brown Spanish Rice Re-fried Beans Roasted Corn	29 Lemon Pepper Chicken Dinner Roll Honey & Garlic Roasted Broccoli ½ Baked Potato Burger Salad	30 Chicken Parmesan w/ Spaghetti Fresh Spring Salad Roasted Baby Carrots



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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