



J.S. Morton High School

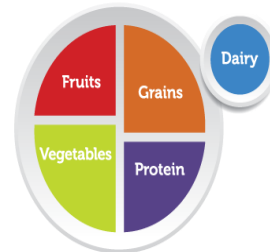
October 2026 Supper Menu

Served 2:55 p.m. To 5:15 p.m. Monday through Thursday
FREE TO ALL STUDENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
			1 Pepperoni Pizza Slice or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk
5 Cheeseburger w/ Fries or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	6 Sausage Pizza Slice or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	7 Spicy Chicken Sandwich w/ Pickles, Lettuce or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	8 P/T Conference
12 <i>Non-Attendance</i>	13 Spicy Tenders & Mac & Cheese or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	14 Walking Taco w/ Beef & Cheese or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	15 Cheese Pizza Slice or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk
19 Hotdog w/ Fries or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	20 Spicy Chicken Sandwich w/ Fries or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	21 Cheeseburger w/ Fries or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	22 Chicken Wings w/ Celery & Carrots *Optional Buffalo or BBQ or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk
26 Spaghetti w/Meat Sauce & Garlic Bread or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	27 Nachos w/Beef & Cheese or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	28 Sausage Pizza Slice or Deli Sub (Ham) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk	27 Spicy Chicken Tenders w/ Fries or Deli Sub (Turkey) Side Vegetables Fruit Selections 1% White or Skim Chocolate Milk

*Alternate choices:
Ask about our
Daily Chef's specials*

We offer all five meal components!



*Offer Verses Served
We offer grains, proteins, fruits, vegetables and milk
Choose at least 3 of the 5 for a student meal and include a fruit Or vegetable selection with your meal.*

Mondays

Elote Salad
Celery w/ Ranch
Fresh Fruit:
Grapes
Strawberries

Tuesdays

Broccoli w/ Ranch
Cucumbers w/ Lime
Fresh Fruit:
Melon
Orange

Wednesdays

Carrots w/ Ranch
Cauliflower
Fresh Fruit:
Granny Smith Apple
Mango w/ Tajin
& Lime

Thursdays

Broccoli w/ Ranch
Cucumbers w/ Lime
Fresh Fruit:
Melon
Banana

*In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on basis of race, color, national origin, sex, age or disability.