



All breakfast meals are offered with nonfat chocolate or 1% white milk, and a ½ cup of fruit. Students must select a ½ cup of fruit with their meal. All grains are wholegrain rich.

OCTOBER

Elem. B.I.C. 2

5

Egg Bites

Orange Slices
Wild Berry Juice

6

Breakfast Cluster

Applesauce
Orange Juice

7

Maple Pancake & Chicken Sausage Sandwich

Apple Slices
Apple Juice

1

Bagel Dots

Banana
Wild Berry Juice

2

Concha

Raisels
Orange Juice

8

Double Chocolate Chip Bar

Banana
Wild Berry Juice

9

Banana Bread

Raisels
Orange Juice

12

NO SCHOOL

13

Oatmeal Chocolate Chip Bar

Craisins
Orange Juice

14

Breakfast Burrito

Apple Slices
Apple Juice

15

Yogurt & Granola

Banana
Wild Berry Juice

16

Wowbutter Sandwich

Raisels
Orange Juice

19

Breakfast Bowl

Orange Slices
Wild Berry Juice

20

Cereal

Applesauce
Orange Juice

21

Breakfast Sandwich

Apple Slices
Apple Juice

22

Bagel Dots

Banana
Wild Berry Juice

23

Concha

Raisels
Orange Juice

26

Egg Bites

Orange Slices
Wild Berry Juice

27

Breakfast Cluster

Applesauce
Orange Juice

28

Maple Pancake & Chicken Sausage Sandwich

Apple Slices
Apple Juice

29

Double Chocolate Chip Bar

Banana
Wild Berry Juice

30

Banana Bread

Raisels
Orange Juice

This institution is an equal opportunity provider.

