

Monday

Tuesday

Wednesday

Thursday

Friday

ALL GRAINS ARE WHOLE-GRAIN RICH. STUDENTS MUST SELECT A ½ CUP OF FRUIT
AND OR A ½ CUP OF VEGETABLES WITH THEIR MEAL. MEALS ARE OFFERED WITH 1%
WHITE MILK.

OCTOBER

Preschool Lunch Menu

5 **Chicken Tamale
w/Refried Beans**
Carrot Sticks
Diced Peaches
Ranch Dressing

6 **Teriyaki Beef
Dippers w/Rice**
Cucumber Slices
Banana
Ranch Dressing

7 **Popcorn Chicken
& Mashed Potato Bowl**
Broccoli
Applesauce
Ranch Dressing
Catsup

1 **Nachos**
Corn
Strawberries
Ranch Dressing
Salsa

2 **Creamy Alfredo
Penne**
Diced Tomatoes
Apple Slices
Ranch Dressing

8 **Cheeseburger**
Chili Beans
Blueberries
Catsup
Mustard

9 **Mac & Cheese**
Diced Tomatoes
Apple Slices
Ranch Dressing

12

CLOSED

13 **Teriyaki Chicken
w/Rice**
Broccoli
Banana
Ranch Dressing

14 **Chicken Tenders
& Waffle**
Romaine Salad
Applesauce
Ranch Dressing

15

CLOSED

16

CLOSED

NATIONAL SCHOOL LUNCH WEEK OCTOBER 12-16, 2026

19 **Fish Sticks**
Carrot Sticks
Diced Peaches
Ranch Dressing
Catsup

20 **Tempura Chicken
Nuggets**
BBQ Beans
Banana
Ranch Dressing
Catsup

21 **Orange Chicken
w/Chow Mein**
Broccoli
Apple Sauce
Ranch Dressing

22 **Nachos**
Corn
Strawberries
Ranch Dressing
Salsa

23 **Creamy Alfredo
Penne**
Diced Tomatoes
Apple Slices
Ranch Dressing

26 **Chicken Tamale
w/Refried Beans**
Carrot Sticks
Diced Peaches
Ranch Dressing

27 **Teriyaki Beef
Dippers w/Rice**
Cucumber Slices
Banana
Ranch Dressing

28 **Popcorn Chicken
& Mashed Potato Bowl**
Broccoli
Applesauce
Ranch Dressing
Catsup

29 **Cheeseburger**
Chili Beans
Blueberries
Catsup
Mustard

30 **Mac & Cheese**
Diced Tomatoes
Apple Slices
Ranch Dressing