



October



**Menu Subject to Change
At ANYTIME**

Arvin Union School District
Elementary Breakfast and Lunch Menu
October 2026

Menu also available on the
AUSD website

Monday

Tuesday

Wednesday

Thursday

Friday

			10-1-26 Raisin Bran Cereal WG Applesauce	10-2-26 Egg, Cheese and Turkey Sausage Pocket WG Apple Chips
Stretching is great for you body try this activity! Stretch as big as you can then curl up as small as you can. Now explode back to being as big as you can	In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the bases of race, color, national origin, sex, age, or disability		Chili Cheese Dog French Fries Fresh Fruit	Cheeseburger Broccoli Salad Fresh Fruit
10-5-26 Over Night Oats WG Graham Cracker WG Dried Fruit	10-6-26 Apple Nachos Granola WG Applesauce	10-7-26 Warm Coffee Cake WG Apple Chips	10-8-26 Lucky Charms Cereal WG Applesauce	10-9-26 Breakfast Burrito WG Apple Chips
Cheese filled breadstick Marinara dipping cup Mixed Salad Fruit Cup	Taco Pocket Refried Beans Cool Tropics Fruit Slush	Posole Cabbage & Lemon Wedge Tortilla Chips Fresh Fruit	Chicken Tamales Fresh Broccoli W/ Dip Fresh Fruit	Cheeseburger Sliders Baby Carrots Fresh fruit Brownie
10-12-26 Yogurt Graham Crackers WG Dried Fruit	10-13-26 Chilaquiles W/Egg WG Applesauce	10-14-26 Chocolate Donut WG Apple Chips	10-15-26 Cinnamon Toast Crunch Cereal WG Applesauce	10-16-26 Mini Maple Pancakes WG Apple Chips
Bean & Cheese Burrito Jicama Sticks Fruit Cup	Beef Taco Stick Salsa Beans Cool Tropics Fruit Slush	Pizza Pocket Salad Diced Peaches	Roasted Chicken Mash Potatoes Fresh Fruit Dinner Roll	Cheeseburger Sweet Potato Sticks Fresh Fruit
10-19-26 Over Night Oats WG Graham Cracker WG Dried Fruit	10-20-26 Sriracha Maple Sausage and Egg Bowl Applesauce	10-21-26 Cinnamon Toast Crunch Pastry WG Apple Chips	10-22-26 Cocoa Puff Cereal WG Applesauce	10-23-26 Chicken & Waffle Sandwich WG Apple Chips
Grilled Cheese Baby carrots Fruit Jello Cup	Crispy Chicken Taco Refried Beans Fruit Cup	Cajun Penne Pasta Bell Peppers Cool Tropics Fruit Slush	Double Dogs French Fries Fruit Cup	Cheeseburger Sliders Spinach Salad Fresh Fruit Brownie
10-26-26 Yogurt Granola WG Dried Fruit	10-27-26 Sausage, egg, Pancake Street Tacos WG Applesauce	10-28-26 Pan Dulce WG Apple Chips	10-29-26 Blueberry Chex Cereal WG Applesauce	10-30-26 Pumpkin Pastry WG Apple Chips
Chili Cheese Fries Chili Lime Carrots Fruit Cup	Chicken Quesadilla Buffalo Ranch Fava Beans Fresh Fruit	Orange Chicken Chow Mein Fresh Broccoli W/ Dip 100% Fruit Juice	Cheese Enchiladas Cucumber Coins Fresh Fruit	Spooky Nuggets Mashed Potatoes Icee Cup

Served Daily with Breakfast
100% Fruit Juice and choice of Milk
Served Daily with Lunch
Choice of Milk

We are a proud California Thursday School District
AUSD does not serve Pork meat or Nuts in any of our schools