

Information, Hand Signal, and Cheer: <https://rcahousesystem.com/sollevare/>

Cheer Only: <https://youtu.be/rOlijEE43cA>

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Sollevare

Title:

House of Uplifting

Power:

Uplifting Others, Undefeatable, Creativity

Sister House:

Altruismo

Heritage:

Italy

Language:

Latin

Symbolic Animal:

The Phoenix



HOUSE HISTORY Sollevare is the House that originates from Italy. It was formed by a group who understood that the true strength of being undefeated warriors lies in always getting back up, no matter how many times they may be knocked down. The members of the House of Sollevare are known for their uplifting nature — always rising above, and helping others do the same. This is where their name comes from in Latin, meaning to “lift” up.

New members have a spark of creativity — even if it is only a dim spark in the beginning, they will grow to have a great fire of creativity as they continue on! This is because it takes great creativity to see the ability to rise above in any circumstance; being able to lift others up means seeing past the current problem, and thinking ahead about the next step. All of these things together are why the House of Sollevare takes inspiration from the Phoenix as their symbolic animal. The Phoenix is a powerful

creature who is able to rise up from the fire and ashes, reborn into an even greater being because it has learned from its mistakes or sacrifices. Full of ancient power and wisdom, the Phoenix reminds the members of the House not only that it is their duty to rise up from the ashes, but also their duty to help others do the same. Because when we uplift everyone around us, we uplift and create a better world for us all.

Sollevare

Our House Crest

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The most important visual representation of each House is its House Crest. This is a specially designed Coat of Arms filled with

symbols that speak to the values of the House. The crests should never be changed or altered. Preserving them builds House heritage!

The Roman Galea

(A.K.A. "the Spartan helmet")

A fierce warrior, reminding us that our House is something to be fought for and protected.

The Rose

The most delicate and beautiful of all of the flowers — but don't underestimate it! It also is lined with thorns in order to protect itself and its beauty when necessary.



The Phoenix

The phoenix is a great and powerful animal that is reborn from fire. It reminds us of the meaning of our name, "the House of Uplifting": not only do we uplift others, but we uplift ourselves—even if we are knocked down, we always get back up. This is why we will be undefeated!

Gold

The brightest color, representing creativity.

Sollevare's Hand Signal

House hand signals are used in meetings or gatherings, to rally around the House, encourage and support one another, or just for fun to show pride and spirit.

Onraka's hand signal is **The Phoenix**. To make this, we fan out all of our fingers on both hands, then overlap our hands and interlace our thumbs at the bottom so that the fingers along the top spread out like feathery wings. This symbol reminds other members of the House that we will rise up no matter what!



THE PHOENIX