

October 2026

Ropes Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Combo Eggs, Potatoes, Toast, OR Strudel & Cheese, Fruit, Juice, Milk variety	2 <i>School Closed</i>
5 Breakfast Pizza OR Cereal & Toast, Fruit, Juice, Milk variety	6 French Toast, Sausage OR Strudel & Cheese, Fruit, Juice, Milk variety	7 Power Breakfast Eggs, Bacon, Gravy, Toast, OR Cereal & Toast, Fruit, Juice, Milk variety	8 Pancake Wrap & Yogurt, OR Strudel & Cheese, Fruit, Juice, Milk variety	9 Cinnamon Roll, Sausage, OR Cereal & Toast, Fruit, Juice, Milk variety
12 <i>School Closed</i>	13 Breakfast Sandwich, OR Strudel & Cheese, Fruit, Juice, Milk variety	14 Biscuit Sausage Sandwich, OR Cereal & Toast, Fruit, Juice, Milk variety	15 Oatmeal, Cinnamon Toast, OR Strudel & Cheese, Fruit, Juice, Milk variety	16 Breakfast Pizza OR Strudel & Cheese, Fruit, Juice, Milk variety
19 Sausage Kolache, Yogurt, OR Cereal & Toast, Fruit, Juice, Milk variety	20 Pancake Wrap Yogurt, OR Strudel & Cheese, Fruit, Juice, Milk variety	21 Power Breakfast Eggs, Bacon, Gravy, Biscuit, OR Cereal & Toast, Fruit, Juice, Milk variety	22 Breakfast Pizza, OR Strudel & Toast, Fruit, Juice, Milk variety	23 Dutch Waffle, Sausage, OR Cereal & Toast, Fruit, Juice, Milk variety
26 Pancakes, Bacon, Or Cereal & Toast, Fruit, Juice, Milk variety	27 Breakfast Burrito, Hash Browns, OR Strudel & Cheese, Fruit, Juice, Milk variety	28 Waffles, Sausage, OR Cereal & Toast, Fruit, Juice, Milk variety	29 Breakfast Combo Eggs, Potatoes, Toast, Or Strudel & Cheese, Fruit, Juice, Milk variety	30 Donut Holes, Sausage, OR Cereal & Toast, Fruit, Juice, Milk variety



Announcements

*Milk Variety
Offered Daily.*

*October 2nd
& October
12th
No School*



www.SquareMeats.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25

October 2026

Ropes Lunch Pk-8th

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Boneless Chicken Wings, Fries, Celery, Fresh Carrots,** Mixed Fruit, Sherbet,** Milk variety	2 <i>No School</i>
5 Pizza Carrot Coins** Green Beans Fresh Fruit Cookie** Milk variety	6 Quesadilla Salsa,** Refried Beans, Cucumbers**, Orange Milk variety	7 Crispy Chicken Sandwich, Tater Tots, Veggie Cup,** Garden Salad, Fruited Jello, Milk variety	8 Asian Bowl. Egg Roll Steamed Broccoli, Corn,** Orange Slices, Milk variety	9 Corn Dog Fries,** Tomato Cup, Fruit Cup, Milk variety
12 <i>No School</i>	13 Chicken Fajitas, Pinto Beans, Fresh Carrots,** Salsa,** Hot Cinnamon Apples, Ice Cream Cup,** Milk variety	14 Chicken Alfredo, Breadsticks, Garden Salad,** California Blend Veggies, Peaches, Milk variety	15 Popcorn Chicken, Roll, Corn,** Crunchy Broccoli Salad, Fresh Apple Slices, Milk variety	16 Mozzarella Sticks, Marinara,** Corn, Green Beans,** Strawberries, Milk variety
18 18 Treme Burrito, Street Corn,**Cucumbers, Rosy Applesauce, Milk variety	20 Chili Cheese Totchos, Roll, Fresh Veggie Cup,** Corn, Strawberries & Bananas, Milk variety	21 Chicken Nuggets, Mac & Cheese, Fresh Carrots, Squash,**Grapes, Milk variety	22 Cheeseburger, Curly Fries, Tomato Cup,** Steamed Broccoli, Pears, Milk variety	23 Meat & Cheese Chalupas, Pinto Beans, Garden Salad,** Salsa,** Orange, Pudding,** Milk variety
26 Steak Fingers, Gravy, Roll, Green Beans, Corn,** Peaches, Milk variety	27 Pork Rib Sandwich, Pinto Beans, Veggie Cup,** Fresh Fruit, Milk variety	28 Lasagna, Bread Sticks, Fresh Broccoli, Marinara Sauce,** Cinnamon Applesauce, Milk variety	29 Boneless Chicken Wings, Fries, Celery, Fresh Carrots,** Mixed Fruit, Sherbet,** Milk variety	30 Drumstick, Biscuit, Garden Salad,** Tomato Cup, Fresh Apple Slices, Milk variety



Announcements

Milk Variety Offered Daily.

** Not Offered To PK



October 2nd & October 12th *No School.*



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



www.SquareMeals.org

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25

October 2026

Ropes Lunch 9th -12th

Monday	Tuesday	Wednesday	Thursday	Friday
			¹ Boneless Chicken Wings, OR Tex-Mex, Fries, Celery, Fresh Carrots, Mixed Fruit, Sherbet, Juice, Milk variety	² <i>No School</i>
⁵ Pizza Or Texas Basket, Carrots, Green Beans, Fresh Fruit, Cookie, Juice, Milk variety	⁶ Quesadilla, OR Hot Sandwich, Salsa, Refried Beans, Cucumbers, Orange, Juice, Milk variety	⁷ Crispy Chicken Sandwich, Or Pizza, Tater Tots, Veggie Cup, Garden Salad, Fruity Jello, Juice, Milk variety	⁸ Asian Bowl, Egg Roll, OR Tex-Mex, Steamed Broccoli, Corn, Orange, Juice, Milk variety	⁹ Corn Dog, OR Cheeseburger, Fries, Tomato Cup, Fruit Cup, Juice, Milk variety
¹² <i>No School</i>	¹³ Chicken Fajitas, OR Hot Sandwich, Spanish Rice, Pinto Beans, Fresh Carrots, Salsa, Apples, Juice, Milk variety	¹⁴ Chicken Alfredo, Bread Sticks, OR Pizza, Garden Salad, California Blend Veggies, Peaches, Juice, Milk variety	¹⁵ Popcorn Chicken, Roll, OR Tex-Mex, Corn, Crunchy Broccoli Salad, Apple Slices, Juice, Milk variety	¹⁶ Mozzarella Sticks, & Marinara, OR Cheeseburger, Corn, Green Beans, Strawberries, Juice, Milk variety
¹⁹ X-Treme Burrito, OR Texas Basket, Street Corn, Cucumbers, Rosy Applesauce, Juice, Milk variety	²⁰ Chili Cheese Totches, Roll, OR Hot Sandwich, Veggie Cup, Corn, Strawberries & Bananas, Juice, Milk variety	²¹ Chicken Nuggets, Mac & Cheese, OR Pizza, Fresh Carrots, Squash, Grapes, Juice, Milk variety	²² Cheeseburger, OR Tex-Mex, Curly Fries, Tomato Cup, Steamed Broccoli, Pears, Juice, Milk variety	²³ Meat & Cheese Chalupas, OR Cheeseburger, Spanish Rice, Pinto Beans, Salsa, Orange, Pudding, Juice, Milk variety
²⁶ Steak fingers, Gravy, Roll, OR Texas Basket, Green Beans, Corn, Peaches, Juice, Milk variety	²⁷ Pork Rib Sandwich, OR Hot Sandwich, Pinto Beans, Veggie Cup, Fresh Fruit Cup, Juice, Milk variety	²⁸ Lasagna, Breadsticks, OR Pizza, Fresh Broccoli, Marinara Sauce, Cinnamon Applesauce, Juice, Milk variety	²⁹ Boneless Chicken Wings, OR Tex-Mex, Fries, Celery, Fresh Carrots, Mixed Fruit, Sherbet, Juice, Milk variety	³⁰ Drumstick, Biscuit, OR Cheeseburger, Garden Salad, Tomato Cup, Fresh Apple slices, Juice, Milk variety



Announcements

Milk Variety Offered Daily.

½ Cup of Juice offered for additional Fruit.



October 2nd & October 12th No School



www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 06/20/25