



TEEN VENTURES
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WEST FARGO PUBLIC SCHOOLS

October
2026



Not Feeling Well Today?

Your symptoms can help you figure out where to get same-day medical care.

Primary Care Visit

Virtual Video Visit

E-Visit



Get care for symptoms such as:

- ☐ Cold or flu
- ☐ Sore throat
- ☐ Eye redness
- ☐ Earache
- ☐ Rash
- ☐ Insect bite or sting
- ☐ Painful urination
- ☐ Frequent urination

Urgent Care or Walk-in Care

24/7 Video Visit On Demand



Get care for the same symptoms as above and:

- ☐ Minor burns or cuts
- ☐ Minor sprains or strains
- ☐ Minor fractures (In-person only)

Call 9-1-1 Go to the Emergency Room



Get care for severe symptoms such as:

- ☐ Trouble breathing
- ☐ Chest pain
- ☐ Severe pain or serious injury
- ☐ Severe stomach pain
- ☐ Sudden numbness or weakness
- ☐ Fainting
- ☐ New confusion
- ☐ Suicidal thoughts

Not sure what to do?



1-800-714-4646

Speak with a nurse from our Nurse Care Line.



EssentiaMyChart.org

See your online care options.



EssentiaHealth.org/GetCare

Learn more about same-day care.



Essentia Health



Alison
Athlete

Daniel Ostlie, MD
Sports medicine
specialist

We fixed my injuries.

Experience exceptional care in Fargo. From injury prevention to recovery, we offer comprehensive sports medicine care tailored to help you achieve your athletic goals. Unleash your full potential.

SPORTS MEDICINE Focused on you.



Schedule online



Call 701-364-HURT



Essentia Health

EssentiaHealth.org

CLOSE UP WASHINGTON DC TRIP!

Cheney, Heritage, & Liberty Middle School Program

Open to all Current 7th and 8th Graders!

SCHOOL CONTACT :

Mrs. Jenni Hammami

jhammami@west-fargo.k12.nd.us

CLOSE UP CONTACT:

Jared Conn

jconn@closeup.org

REGISTRATION PROCESS:

Once you express interest and I receive your interest form at the bottom of this page, you will be given individual account login information to enroll online, make payments and access program information at www.closeup.org. Expressing interest does NOT commit you to the trip. If you decide to move forward with this trip, you will then pay your deposit directly to the Close Up Foundation.

KEEP IN MIND:

*Participants must complete enrollment information in their Close Up account before payments can be made.

*The first \$500 put on your child's account is non-refundable and non-transferable.

The trip is fully non-refundable after the final payment deadline of 1/28/27.

2027 WASHINGTON D.C. TRIP PROGRAM INFORMATION

CHENEY, HERITAGE, and LIBERTY MIDDLE SCHOOLS will be participating in the Close Up Washington DC program next year- April 2027! Close Up is a dynamic hands-on civic education program for students. Close Up is a non-profit, non-partisan civic education organization founded 50 years ago with a mission to inform, inspire and empower students to become life-long, active participants in our democracy. Learn more by visiting: Close Up Washington DC Middle School Program.

PROGRAM DATES: April 25- April 28, 2027

PROGRAM COST: All-inclusive Cost is \$2127 and includes:

- | | |
|-----------------------------------|--|
| - 3 meals-per-day | - Access to Georgetown Medical Center |
| - Quality hotel accommodation | - 24-hour supervision and security |
| - Program tuition and instruction | - All entrance fees and gratuities |
| - Academic materials | - Group photo, certificate, and souvenir |
| - Roundtrip Airfare | - Limited accidental injury policy |
| | - Coach bus transportation around the city |

PAYMENT SCHEDULE:

*Enrollment and Non-Refundable \$500 DEPOSIT DUE: 11/19/26

*Final Payment DUE: 1/28/27

*100% Cancellation Deadline: 1/28/27

IF YOU MISSED THE SEPTEMBER 22ND VIRTUAL PARENT MEETING ON MICROSOFT TEAMS, HERE IS THE LINK (CLICK HERE) TO THE MEETING RECORDING WITH THE POWERPOINT.

Please do not hesitate to contact me at jhammami@west-fargo.k12.nd.us with any questions about the trip or the upcoming meeting. Students do not need to attend.

Please fill out the Microsoft Form to show interest in the Close Up trip. This doesn't commit you to the program- it gives me your contact information to get your child set up with an account and to continue to send you important information about the trip.

DC Student Interest Form ([CLICK HERE](#))

Teacher Recommendation Forms ([CLICK HERE](#)) must be filled out by 3 current teachers. Print, cut and hand them out ASAP. Teachers do the rest.

You can find these links in the September (and soon to be October) Teen Ventures Publication ([CLICK HERE](#)) located on our district website.

DC Interest Form



packatahwas **DANCE CLINIC** *+halftime performance*



FRIDAY OCTOBER 16

GRADES 2-6 | \$40/DANCER

CLINIC 9AM-12PM | PACKER FOOTBALL GAME 6:30PM

REGISTER HERE

More Than
**A SCHOOL.
A COMMUNITY.**



RENT OUR
**SCHOOL
FACILITIES**



Our gyms, commons,
and library spaces
are perfect for,
practices,
tournaments,
meeting, workshops,
and so much more!



AVAILABLE
SEPTEMBER 16th - MAY 14th

50% STUDENT DISCOUNT

Organizations with at least 85% currently enrolled
WFPS students qualify for discounted rental
rates and scheduling priority!



LEARN MORE & APPLY
[Click here](#)



(701)499-9977



facilityrentals@west-fargo.k12.nd.us

DON'T FALL BEHIND

Keep your student on track
this school year.



READING



MATH



WRITING



HOMEWORK
SUPPORT



STUDY
SKILLS



ACT PREP

WHY SYLVAN



PERSONALIZED SUPPORT

Custom plans built
around your child's
individual needs.



BUILD CONFIDENCE

Strengthen skills before
frustration turns into
discouragement



STAY ON TRACK

Keep up with
schoolwork,
assignments, and
upcoming tests.



MAKE PROGRESS

Celebrate
improvements and build
momentum throughout
the year.

TIPS & TRICKS



CHECK IN

Ask your child what they're finding
easy - and what feels challenging.



DON'T WAIT

Address learning gaps before they
become bigger obstacles.



BREAK IT UP

Divide homework and studying into
smaller manageable tasks.



PREPARE AHEAD

Look at upcoming tests and
assignments before they become
urgent.



CELEBRATE PROGRESS

Recognize effort, improvement, and
persistence - not just the outcomes.

We're here to help your child **SUCCEED** this year!



(701) 499-4300



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SCAN ME!





Art classes for all ages and levels



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FREE GENERAL ADMISSION

2026 - 2027

VACATION PLANNING GUIDE

It's never too soon to start looking forward to small vacations! To maximize your time with your children, we've compiled the dates of our school holidays as you plan time away.

FIRST DAY OF SCHOOL

Aug 27, 2026 Grades 1-12
Sep 1, 2026 Kindergarten

FALL BREAK

Nov 25-27, 2026

WINTER BREAK

Dec 24, 2026 - Jan 3, 2027

SNOW MAKEUP DAY

Mar 29, 2027

LAST DAY OF SCHOOL

May 27, 2027

Learner Holidays Educator PD Days

We encourage you to plan your vacations ahead using the dates below, ensuring your learner can be in school and make the most of their learning!

Attendance Matters.
We look forward to a fantastic year!

Sep 7, 2026
Sep 18, 2026
Oct 15, 2026
Oct 16, 2026
Nov 11, 2026
Jan 18, 2027
Feb 15, 2027
Mar 11, 2027
Mar 12, 2027
Mar 26, 2027