



Kid **VENTURES**

West Fargo Public Schools

October
2026



Alison
Athlete

Daniel Ostlie, MD
Sports medicine
specialist

We fixed my injuries.

Experience exceptional care in Fargo. From injury prevention to recovery, we offer comprehensive sports medicine care tailored to help you achieve your athletic goals. Unleash your full potential.

SPORTS MEDICINE Focused on you.



Schedule online



Call 701-364-HURT



Essentia Health

EssentiaHealth.org

WEST FARGO PARK DISTRICT

UPCOMING EVENTS



THU
15
OCT

HONKIN' HAULIN' HANDS ON TRUCKS

4:30 PM – 6:30 PM | Veterans Memorial Arena

Climb aboard big trucks, construction vehicles and farm equipment for a hands-on experience in the driver's seat!

FRI
23
OCT

NIGHTMARE AT ELMWOOD

5:30 PM – 7:30 PM | South Elmwood Park

Cozy up for a family-friendly Halloween movie night surrounded by spooky skeletons and festive Halloween fun!

TUE
27
OCT

HALLOWEEN TREAT STREET

4:30 PM – 7:00 PM | POW/MIA Plaza

Dress up and trick-or-treat your way down Sheyenne Street for an evening filled with treats, thrills, and festive stops.

MORE INFO :
wfparks.org



Not Feeling Well Today?

Your symptoms can help you figure out where to get same-day medical care.

Primary Care Visit

Virtual Video Visit

E-Visit



Get care for symptoms such as:

- ☐ Cold or flu
- ☐ Sore throat
- ☐ Eye redness
- ☐ Earache
- ☐ Rash
- ☐ Insect bite or sting
- ☐ Painful urination
- ☐ Frequent urination

Urgent Care or Walk-in Care

24/7 Video Visit On Demand



Get care for the same symptoms as above and:

- ☐ Minor burns or cuts
- ☐ Minor sprains or strains
- ☐ Minor fractures (In-person only)

Call 9-1-1

Go to the Emergency Room



Get care for severe symptoms such as:

- ☐ Trouble breathing
- ☐ Chest pain
- ☐ Severe pain or serious injury
- ☐ Severe stomach pain
- ☐ Sudden numbness or weakness
- ☐ Fainting
- ☐ New confusion
- ☐ Suicidal thoughts

Not sure what to do?



1-800-714-4646

Speak with a nurse from our Nurse Care Line.



EssentiaMyChart.org

See your online care options.



EssentiaHealth.org/GetCare

Learn more about same-day care.



Essentia Health

Help Your Child Get Ready For Kindergarten

At No Cost to You



Personalized Learning at Home

Waterford Upstart helps children build reading, math, and science skills through fun, personalized learning in just 15 minutes a day.



Support for Your Family

Families receive coaching, resources, and support throughout the program to help encourage learning at home and prepare their child for kindergarten.



Eligibility

For North Dakota children born between 8/1/2021 and 7/31/2022 who will enter kindergarten in 2027, with priority given to children attending LE Berger.



93%

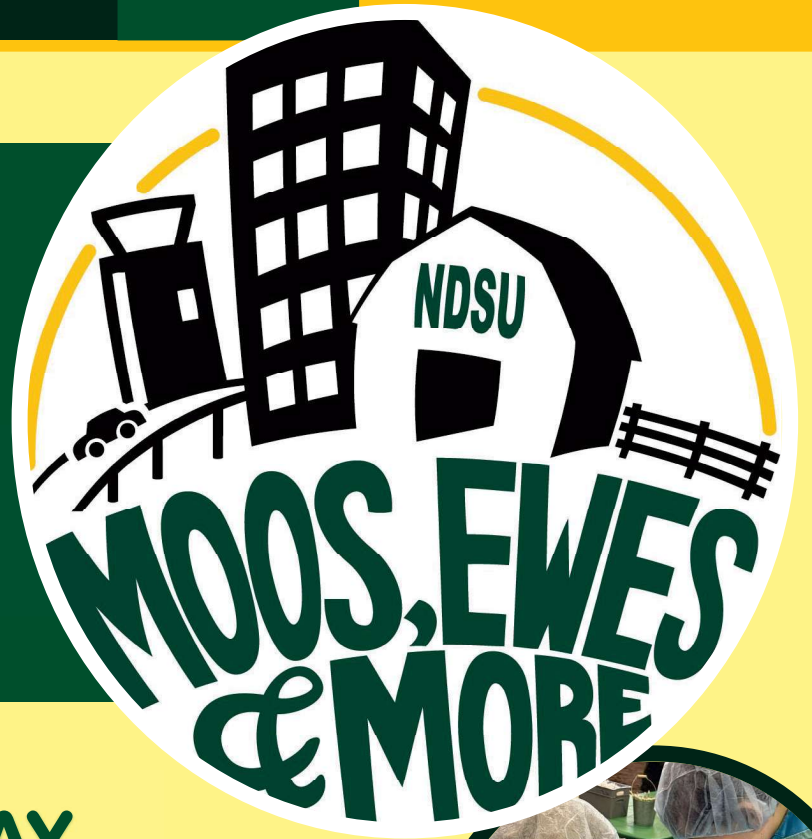
of caregivers report
Waterford Upstart prepared
their child for school!



Enroll Today

**NDSU Department of
Animal Sciences**

**INVITES YOU TO
ATTEND**



SATURDAY

October 24, 2026

10 AM to 1 PM (rain or shine)

NDSU Equine Center
5140 19th Ave. North
Fargo, ND 58102



**Concessions
will be
available!**



This event is FREE and family-friendly for all ages! Meet the NDSU farm animals, visit with experts in animal-related careers, join in the fun of interactive booths, games, wagon rides, and MORE!

North Dakota State University is an equal opportunity educator and employer. This work is supported by the U.S. Department of Agriculture's National Institute of Food and Agriculture. Requests for accommodations related to disability may be made to NDSU Department of Animal Sciences at 701-231-7641 by 10/01/2026.

DON'T FALL BEHIND

Keep your student on track
this school year.



READING



MATH



WRITING



HOMEWORK
SUPPORT



STUDY
SKILLS



ACT PREP

WHY SYLVAN



PERSONALIZED SUPPORT

Custom plans built
around your child's
individual needs.



BUILD CONFIDENCE

Strengthen skills before
frustration turns into
discouragement



STAY ON TRACK

Keep up with
schoolwork,
assignments, and
upcoming tests.



MAKE PROGRESS

Celebrate
improvements and build
momentum throughout
the year.

TIPS & TRICKS



CHECK IN

Ask your child what they're finding
easy - and what feels challenging.



DON'T WAIT

Address learning gaps before they
become bigger obstacles.



BREAK IT UP

Divide homework and studying into
smaller manageable tasks.



PREPARE AHEAD

Look at upcoming tests and
assignments before they become
urgent.



CELEBRATE PROGRESS

Recognize effort, improvement, and
persistence - not just the outcomes.

We're here to help your child **SUCCEED** this year!



(701) 499-4300



sylvan@sylvanfargo.com



3033 Brandt Drive S., Fargo, ND 58104

SCAN ME!



JOIN THE CLUB!



KIDS' CLUBS AT THE Y!

At the YMCA, we believe that raising kids to be healthy has as much to do with pursuing interests, passions and learning new things as it does with eating healthy and being active.

Our Y Kids' clubs nurture their curiosity, inspire creativity and teach them how to succeed.

MEMBERS: \$70 | NON-MEMBERS: \$90

CREATIVE COOKING CLUB

AGES 5 - 11 | NOV 3 - DEC 15 | TUESDAY

WACKY SCIENCE CLUB

AGES 3 - 11 | NOV 5 - DEC 17 | THURSDAY

LEGO & ENGINEERING CLUB

AGES 5 - 11 | NOV 4 - DEC 16 | WEDNESDAY

POKEMON & MINECRAFT CLUB

AGES 5 - 11 | NOV 2 - DEC 14 | MONDAY

ARTS & CRAFTS CLUB

AGES 5 - 11 | NOV 3 - DEC 15 | TUESDAY

**SCAN FOR
INFORMATION
OR TO REGISTER**



COME PARTY WITH US!

Celebrate with us at the YMCA! We offer birthday party packages for kids of all ages. Don't have time to decorate? Ask about our packages and let us handle all the work!

Party Areas Include:

- Aquatics Centers
- Kids' Gym
- Climbing Wall
- Gymnastics Room
- Play Loft

More Than
**A SCHOOL.
A COMMUNITY.**



RENT OUR
**SCHOOL
FACILITIES**



Our gyms, commons,
and library spaces
are perfect for,
practices,
tournaments,
meeting, workshops,
and so much more!



AVAILABLE
SEPTEMBER 16th - MAY 14th

50% STUDENT DISCOUNT

Organizations with at least 85% currently enrolled
WFPS students qualify for discounted rental
rates and scheduling priority!



LEARN MORE & APPLY
[Click here](#)



(701)499-9977



facilityrentals@west-fargo.k12.nd.us

packatahwas **DANCE CLINIC** *+halftime performance*



FRIDAY OCTOBER 16

GRADES 2-6 | \$40/DANCER

CLINIC 9AM-12PM | PACKER FOOTBALL GAME 6:30PM

REGISTER HERE

Rigs & Rescuers

Saturday, October 17 | 11:00AM - 1:00PM

Family Wellness Parking Lot, 2960 Seter Pkwy



Big rigs. Real heroes. Hands-on fun.

Climb aboard fire trucks, police cars, ambulances & more!
Honk the horns. Sit behind the wheel. Meet the heroes who drive them.

FREE | All ages welcome | Rain or Shine



Gymnastics & Ninja Classes

Register today for gymnastics & ninja classes



SCHOOL'S OUT DAY CAMP

Oct. 15
Oct. 16
Nov. 11
Nov. 25

Dec. 28
Dec. 29
Dec. 30
Dec. 31

Register today at
tntkidsfitness.org



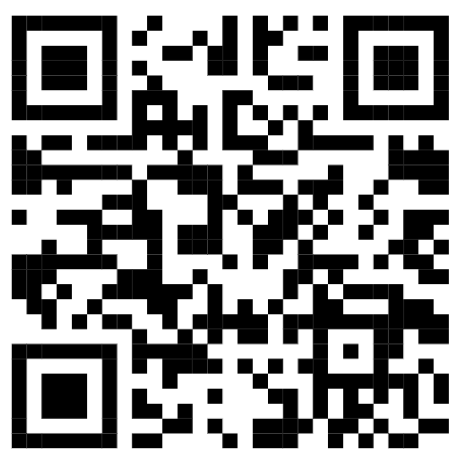
When school is out for
the day, come to TNT
and play!

Grades K - 5

7:30am - 5:30pm

Cost: \$47

Scan for class
schedule



tntkidsfitness.org

2800 Main Ave. Fargo
701-551-5000



tntkidsfitness

MUSTANG BUDDIES

October 20th 6-8PM

Practice with Sheyenne Mustang Volleyball girls!

Cost: \$30

Includes camp fee, T-shirt, and entry to the home volleyball game on October 22nd



Payments :

Venmo : Leah-Newton-13

Checks: Made out to Sheyenne Volleyball and dropped off at the high school

Please include the camper's first and last name in the memo line

Registration Link:



<https://forms.cloud.microsoft/r/9Hwhq7Wwtv>

Sheyenne High School

Main Gym

800 40th Ave E

West Fargo, ND





TECH TEAM WRESTLING CLUB

2026-2027 SEASON



PRE K-6TH
GRADE
BOY AND GIRLS
ALL SKILL LEVELS
WELCOME

NOVEMBER 2ND - MARCH 25TH

TECH TEAM TRAINING CENTER

524 7th AVE NE, WEST FARGO
{BEHIND PRAIRIE SUPPLY}



PARENT OPEN HOUSE:

TUESDAY OCTOBER 27TH
5:30-7:00 PM

Beginner/Group 1

TUES: 5:30-6:30PM
THURS: 5:30-6:30PM

Advanced/Group 2

MON: 6:00-7:30PM
TUES: 6:45-8:15PM
THURS: 6:45-8:15PM

JOIN ANYTIME THRU THE SEASON!



TECH TEAM WRESTLING | [TECHTEAMWRESTLING.COM](https://www.techteamwrestling.com)

QUESTIONS? EMAIL COACH HAYDEN - TECHTEAMWRESTLING@OUTLOOK.COM

FARGO + MOORHEAD + WEST FARGO = TRI-CITY UNITED



PLAY. GROW. BELONG.



SCAN ME



[TRICITYUNITED.ORG](https://www.tricityunited.org)

Tri-City United has something for every player and every skill level this winter! Our Winter Recreational program has two six-week seasons of indoor Saturday games for Pre-K through 6th grade. Looking for even more soccer? Our EXTRAS programs offer year-round development for players as young as 18 months. Plus, don't miss our Year End Soccer Camp to cap off the year.



Art classes for all ages and levels



**PLAINS ART
MUSEUM**

DOWNTOWN FARGO
FREE GENERAL ADMISSION