



Sulphur Springs Middle School October 2026 LUNCH 12th - 16th

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Entrée Homestyle Cooking Station					
	Popcorn Chicken	Korean Meatballs	WG Beef Lasagna	Breaded Ravioli	Carnitas Totchos
	w/ WG Roll	w/ WG Eggroll	w/ WG Breadstick	w/ WG Breadstick	w/ WG Roll
	Mashed Potatoes	Quick Pickles			Graham Crackers
	Vegetable Bar	Fried Rice	Garden Side Salad	Seasoned Broccoli	Baked Beans
		Fresh Veggie Bar	Vegetable Bar	Fresh Veggie Bar	Fresh Veggie Bar
Pizza & More Station					
	Pepperoni Pizza	Pepperoni Pizza	Specialty Pizza	Pepperoni Pizza	Pepperoni Pizza
	Cheesy Bites	Cheesy Bites	Cheesy Bites	Cheesy Bites	Cheesy Bites
	w/ Marinara Sauce	w/ Marinara Sauce	w/ Marinara Sauce	w/ Marinara Sauce	w/ Marinara Sauce
	Chef Salad w/ Cracker & Croutons	Chef Salad w/ Cracker & Croutons	Buffalo Chicken Salad	Chef Salad w/ Cracker & Croutons	Chef Salad w/ Cracker & Croutons
			w/ Cracker & Croutons		
	Fruity Fun Lunch	Fruity Fun Lunch	Fruity Fun Lunch	Fruity Fun Lunch	Fruity Fun Lunch
	w/ WG Graham Crackers	w/ WG Graham Crackers	w/ WG Graham Crackers	w/ WG Graham Crackers	w/ WG Graham Crackers
Grill & Sandwich Station					
	Hamburgers	Hamburgers	Hamburgers	Hamburgers	Hamburgers
	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich	Spicy Chicken Sandwich
	Chicken Sandwich	Chicken Sandwich	Chicken Sandwich	Chicken Sandwich	Chicken Sandwich
	French Fries	Fresh Veggie Bar	Tater Tots	Fresh Veggie Bar	French Fries
Southwest Taco & Burrito Station					
	Beef & Cheese Burritos	Beef Torta Burger	Beef Nachos	Crispito	Beef Nachos
	Refried Beans	Spanish Rice	Seasoned Pinto Beans	Spanish Rice	Southwest Corn
	Salsa	Salsa	Salsa	Salsa	Salsa
	Chili Con Carne			2oz Portion Cup Queso	
Sides, Extras, Fruits, Veggies, Milk (All Lines)					
	Assorted Chilled Veggies	Assorted Chilled Veggies	Assorted Chilled Veggies	Assorted Chilled Veggies	Assorted Chilled Veggies
	Assorted Fresh/Chill Fruits	Assorted Fresh/Chill Fruits	Assorted Fresh/Chill Fruits	Assorted Fresh/Chill Fruits	Assorted Fresh/Chill Fruits
	Assorted Milks	Assorted Milks	Assorted Milks	Assorted Milks	Assorted Milks



Menu is subject to change based on purveyors & availability.

We make every effort to offer the freshest local produce as we support the local community. Our primary produce vendors support this goal by continuing to develop partnerships with local growers.

Find menus, nutrition, allergen information and more online or on your phone!

Download School Menus by My School Menus to your smartphone from the App Store or visit: <https://www.myschoolmenus.com/organizations/763>

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