

October 2026

Immanuel Lutheran Lunch Menu

Please note: Menus are subject to change

 Boo-tiful Lunches for Our Favorite Lancer's!



Fall has rolled into Freeport, and we're cooking up a month full of delicious meals, cozy favorites, and a little October fun!  

From crunchy apples  to warm-up-your-tummy favorites, we're excited to serve our Freeport Lancer's nutritious meals made with care each day.

 **Eat well. Smile big.**
We're so glad to have you at the table!  

Made with Love by your NDS Family

Reminders:

Milk substitutions are available daily to district students who have a current, completed Allergy Form on file with their school nurse. Please remember that the Allergy Form must be updated each school year.

Menu items containing pork are highlighted in yellow.

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.

WG Mini Chicken
Corn Dogs
Or
Turkey Deli Sandwich
Baked Beans
Assorted Fresh Fruit
Choice of Milk

WG Meatball
Sandwich
Or
Turkey Deli Sandwich
Green Beans
Assorted Fresh Fruit
Choice of Milk

WG Orange Chicken
WG Chow Mein Noodles
Or
Turkey Deli Sandwich
Broccoli
Assorted Fresh Fruit
Choice of Milk

WG Cheese Breadsticks
Warm Marinara
Or
Turkey Deli Sandwich
Sweet Corn
Assorted Fresh Fruit
Choice of Milk

WG Hamburger
Or
Turkey Deli Sandwich
Sweet Potato Tots
Assorted Fresh Fruit
Choice of Milk

No School

WG Calzone
Or
Daily Pizza
Carrots
Assorted Fresh Fruit
Choice of Milk

WG Beef Hot Dog
Or
Daily Pizza
Baked Beans
Assorted Fresh Fruit
Choice of Milk

WG Chicken Enchiladas
Or
Daily Pizza
Coleslaw
Assorted Fresh Fruit
Choice of Milk

No School

WG Baked Pasta
Or
Garden Salad with Chicken
Green Beans
Assorted Fresh Fruit
Choice of Milk

WG Breakfast Egg Rolls
Or
Garden Salad with Chicken
Emoji Fries
Assorted Fresh Fruit
Choice of Milk

WG Chicken
Ramen Bowl
Or
Garden Salad with Chicken
Broccoli
Assorted Fresh Fruit
Choice of Milk

No Lunch Service
Early Dismissal

No School

WG Alfredo Pasta
WG Garlic Bread
Or
Daily Pizza
Broccoli
Assorted Fresh Fruit
Choice of Milk

WG Chicken Tenders
Or
Daily Pizza
Baked Beans
Assorted Fresh Fruit
Choice of Milk

WG Beef Walking Taco
Or
Daily Pizza
Coleslaw
Assorted Fresh Fruit
Choice of Milk

WG Grilled Cheese
with Tomato Soup
Or
Daily Pizza
Assorted Fresh Fruit
Choice of Milk

WG Chicken & Cheese
Quesadilla
Or
Daily Pizza
Sweet Corn
Assorted Fresh Fruit
Choice of Milk