October 2026

Please note: Menus are subject to change

Jones Farrar Lunch Menu

Boo-tiful Lunches for Our Favorite Pretzels!

Monday	Tuesday	Wednesday	Thursday	Friday
Did you know? Leaves change color in October primarily due to decreased sunlight, which causes chlorophyll to break down and reveal red, orange, and yellow pigments.			1 WG Grilled Cheese with Tomato Soup Or WG Cheese Pizza Mixed Berry Fruit Cup Choice of Milk	2 WG Chicken & Cheese Quesadilla Or WG Cheese Pizza Sweet Corn Diced Pears Choice of Milk
5 WG Mini Chicken Corn Dogs Or WG Muffin Box Baked Beans Strawberries Choice of Milk	6 WG Meatball Sandwich Or WG Muffin Box Green Beans Gala Apple Choice of Milk	7 WG Orange Chicken WG Chow Mein Noodles Or WG Muffin Box Broccoli Mandarin Oranges Choice of Milk	8 WG Cheese Breadsticks Warm Marinara Or WG Muffin Box Sweet Corn Diced Pears Choice of Milk	9 WG Hamburger Or WG Muffin Box Sweet Potato Tots Assorted Fresh Fruit Choice of Milk
12 **No School**	13 WG Pizza Burger Or WG Cheese Pizza Carrots Fruit Cocktail Choice of Milk	14 WG Beef Hot Dog Or WG Cheese Pizza Baked Beans Mandarin Oranges Choice of Milk	15 WG Chicken Enchiladas Or WG Cheese Pizza Coleslaw Gala Apple Choice of Milk	16 WG Mac n Cheese Or WG Cheese Pizza Side Salad Fruit Slushy Choice of Milk
19 WG Baked Pasta Or Garden Salad with Chicken Green Beans Blueberries Choice of Milk	20 WG Funnel Cake Chicken Sausage Or Garden Salad with Chicken Emoji Fries Gala Apple Choice of Milk	21 WG Chicken Ramen Bowl Or Garden Salad with Chicken Broccoli Mandarin Oranges Choice of Milk	22 WG Hot Turkey and Cheese Croissant Or Garden Salad with Chicken Baby Carrots with Ranch Diced Pears Choice of Milk	23 WG Chicken Sandwich Or Garden Salad with Chicken Baked Beans Assorted Fresh Fruit Choice of Milk
26 WG Alfredo Pasta WG Garlic Bread Or WG Cheese Pizza Broccoli Granny Smith Apple Choice of Milk	27 WG Chicken Nuggets Or WG Cheese Pizza Baked Beans Sliced Peaches Choice of Milk	28 WG Softshell Beef & Cheese Tacos Or WG Cheese Pizza Coleslaw Mandarin Oranges Choice of Milk	29 WG Grilled Cheese with Tomato Soup Or WG Cheese Pizza Gala Apple Choice of Milk	30 WG Chicken & Cheese Quesadilla Or WG Cheese Pizza Sweet Corn Halloween Slushy Choice of Milk

Fall has rolled into Freeport, and we're cooking up a month full of delicious meals, cozy favorites, and a little October fun!

From crunchy apples to warm-up-your-tummy favorites, we're excited to serve our Freeport Pretzels nutritious meals made with care each day.

Eat well. Smile big.
We're so glad to have you at the table!

Made with Love by your NDS Family

Reminders:

Milk substitutions are available daily to district students who have a current, completed Allergy Form on file with their school nurse. Please remember that the Allergy Form must be updated each school year.

Menu items containing pork are highlighted in yellow.