



Lunch Options
Mon & Wed –
 Boiled Egg(2)
 Soft Pretzel (1)
 and Grapes
Tues & Thurs-
 Fruit Salad w/
 Buffalo Cheezit
Friday- Cheese
 and Cracker Tray

Daily Options
 Assorted Milk
 Fresh Fruit and
 100% Fruit Juice
 Cold Veg- Sliced
 Cucumbers-
 Broccoli
 Florets-
 Baby Carrots
 Celery Sticks

OCTOBER 2026

Atlantic City High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			BKFST: Pancakes Entree: Chix Fried Rice 2nd Option: Sloppy Joe on Bun Salad: Caesar Salad w/ Pretzel Deli: Greek Chix Flatbread Grill: Hamburger, Veg Burger, OR Spicy Chix Patty on Bun Veg: Baked Beans	BKFST: Scram Eggs w/ Raisin Bagel Entree: BBQ Drumstick w/ Mac & Cheese 2nd Option: Beef Nachos Salad: Egg Chef Salad w/ Pretzel Deli: Egg Salad Sandwich Grill: Hot Dog OR Chix Patty Veg: Orange Glazed Carrots
BKFST: French Toast Sticks Entree: Honey Hot Boneless Wing/ Biscuit 2nd Option: Beef Nacho Salad: Chix Caesar Salad w/ Pretzel Deli: Turkey & Cheese Sub Grill: Cheeseburger, Veg Burg, OR Chix Patty Veg: Tater Tots	BKFST: Cinnamon Roll Entree: Chix Meatball w/ Rice & Gravy 2nd Option: Pancakes, Eggs & Chix Sausage Salad: Egg Chef Salad w/ Pretzel Deli: Asian Chix Wrap Grill: Fish Patty OR Beef Hot Dog Veg: Tater Tots	BKFST: Apple Frudel Entree: Chix LoMein 2nd Option: Beef Meatloaf w/ Mashed Potatoes Salad: Chix Baja Salad w/ Pretzel Deli: Tuna Salad Wrap Grill: Meatball Parm, Veg Burg, OR Chix Cheesesteak Veg: Broccoli	BKFST: Cinn Raisin Bagel OR Scrambled Eggs w/ Cheeze Entree: Spaghetti & Meat Sauce 2nd Option: Boneless Wings w/ Breadstick Salad: Ranch Popcorn Chix Salad Deli: Turkey Ham & Cheese Salad Grill: Titan Burger OR Chili Cheese Dog Veg: Green Peas	BKFST: Chicken Sausage/Cheese on Bagel Entree: Beef Nachos 2nd Option: Ramen Bowl Salad: Spicy Chix Salad w/ Pretzel Deli: Turkey & Cheese Sandwich Grill: Cheeseburger, Veg Burg, OR AC Chix Patty Veg: Broccoli
BKFST: Waffle w/ Fruit Topping Entree: BBQ Drumstick w/ Biscuit Salad: Egg Chef Salad w/ Pretzel Deli: Turkey Cheese Wrap Grill: Titan Burger, Veg Burg, OR Spicy Chix Patty Veg: Green Peas	BKFST: Cherry Frudel Entree: Chicken Tikka Masala 2nd Option: Ramen Bowl Salad: Chix Caesar Salad w/ Pretzel Deli: Turkey Ham & Cheese Wrap Grill: Beef Hotdog, Veg Burg, Spicy Chix Patty Veg: Green Peas	BKFST: Sausage Egg & Cheese Bagel Entree: Popcorn Chix Bowl 2nd Option: Beef Tacos Salad: Chix Baja Salad w/ Pretzel Deli: Turkey Ham & Cheese Wrap Grill: Meatball Parm, Chix Cheesesteak, Egg Rolls Veg: Corn	BKFST: Breakfast Burrito Entree: Jerk Chix & Biscuit 2nd Option: Ramen Bowl Salad: Popcorn Chix Salad w/ Pretzel Deli: BBQ Chix Wrap Grill: Cheeseburger OR AC Chix Patty Veg: Green Beans	BKFST: Cinnamon Roll Entree: Salisbury Steak w/ Rice 2nd Option: Chix Nachos Salad: Turkey Chef Salad Deli: Tuna Salad Sandwich Grill: Hamburger, Veg Burg, OR Spicy Chix Patty Veg: Corn
BKFST: Pancakes Entree: Beef Meatloaf w/ Mashed Potatoes 2nd Option: Chix Alfredo Penne Salad: Chix Caesar w/ Pretzel Deli: Three Cheese Sub Grill: Cheeseburger, Veg Burg, OR Fish Patty Veg: Green Beans	BKFST: Apple Frudel Entree: Orange Chicken w/ Rice 2nd Option: Walking Beef Nacho Salad: Egg Chef Salad w/ Pretzel Deli: Chix Meatball Flatbread OR Buff Chix Wrap Grill: Chipotle Burger or Spicy Chix Patty Veg: Broccoli	BKFST: Sausage Breakfast Sandwich Entree: BBQ Meatballs/ Mac & Cheese 2nd Option: Chix Parm on Penne Salad: Chix Caesar w/ Pretzel Deli: Turkey Cheese Grill: Beef Hot Dog or AC Chix Patty Veg: Carrots	BKFST: Scrambled Eggs & Potato Wedges Entree: Crispy Chix Garlic LoMein 2nd Option: Salisbury Steak/ Rice Salad: Egg Chef Salad w/ Pretzel Deli: Santa Fe Wrap Grill: Jalapeno Burger OR Fish Patty Veg: Corn	BKFST: Scram Egg & Cheese Bagel Entree: Orange Chicken Bites w/ Fried Rice 2nd Option: Beef Tacos Salad: Chix Caesar w/ Pretzel Deli: Tuna Salad Sand OR Chix Ranch Flatbread Grill: Cheeseburger OR Spicy Chix Patty Veg: Green Peas
BKFST: Sausage Cheese Bagel Entree: Spaghetti & Meat Sauce 2nd Option: Beef & Bean Burrito Salad: Chix Caesar w/ Pretzel Deli: Chix Salad Sandwich Grill: Titan Burger, Veg Burg, OR Spicy Chix Patty Veg: Green Beans	BKFST: Cherry Frudel Entree: Theo's Famous Meatloaf w/ Mashed Potatoes 2nd Option: Loaded Tots (Chix) Salad: Egg Chef Salad w/ Pretzel Deli: Chix Salad Sandwich Grill: Sloppy Joe OR Chix Patty Veg: Corn	BKFST: Waffles Entree: General Tso Chix & Broccoli w/ Rice 2nd Option: Beef Nachos Salad: Chix Caesar w/ Pretzel Deli: Turkey & Cheese Wrap Grill: Cheeseburger, Veg Burg, OR Spicy Chix Patty Veg: Broccoli	BKFST: Scrambled Egg & Cheese w/ Honey Butter Biscuit Entree: Chicken and Waffles 2nd Option: Romaine Bowl Salad: Egg Chef Salad w/ Pretzel Deli: Chix Caesar Wrap Grill: Cheddar Bacon Burger, Veg Burg, OR Spicy Chicken Patty Veg: Hash Brown Rounds	BKFST: Cinnamon Roll Entree: Chix Fried Rice 2nd Option: Beef Tacos Salad: Chix Caesar w/ Pretzel Deli: Tuna Salad Sandwich Grill: Meatball Parm OR Buffalo Chix Patty Veg: Campfire Beans