



2026-2027 Lunch Head Start - Pre K

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pepperoni Pizza Garden Salad Cantaloupe 1% Milk Ranch Dressing	2 Spaghetti and Meat Sauce Broccoli Cantaloupe Garlic Breadstick 1% Milk 
5 Chicken and Waffles Tater Tots Cucumber Slices Strawberry Banana Applesauce Cup 1% Milk Breakfast Syrup	6 Beef, Cheese & Bean Fiesta Burrito Pinto Beans Kiwi-Strawberry Sidekicks 1% Milk	7 Sub Sandwich Baby Carrots Fresh Orange 1% Milk	8 Pepperoni Pizza Vegetable Bar Pre K Cantaloupe 1% Milk	9 General Tso's Chicken Peas and Carrots Fresh Grapes, Red Vegetable Fried Rice 1% Milk 
12 Popcorn Chicken Mashed Potatoes Vegetable Bar Pre K Fruit Variety Roll 1% Milk Ketchup 	13 Nachos with Ground Beef Refried Beans Fresh Apple 1% Milk 	14 Mandarin Orange Chicken Peas and Carrots Fruit Variety Vegetable Fried Rice 1% Milk 	15 Pepperoni Pizza Vegetable Bar Pre K Fruit Variety 1% Milk 	16 Pulled Pork on Bun Crinkle Cut French Fries Chilled Fruit Cup 1% Milk Ketchup 
		National School Lunch Week 10/12 - 10/16		
19 Chicken Tenders Seasoned Corn Fruit Variety Roll 1% Milk	20 Soft Beef Tacos Pinto Beans Fruit Variety 1% Milk	21 Whole Grain Beef Fingers Mashed Potatoes Fruit Variety Roll 1% Milk	22 Pepperoni Pizza Cheesy Broccoli Fresh Orange 1% Milk Adults: Hopkins County Stew	23 Fall Holiday
26 Fall Holiday	27 Chicken Quesadilla Pinto Beans Apple Slices in a bag 1% Milk	28 Chicken Nuggets Mashed Potatoes Fresh Orange Roll 1% Milk Cream Gravy Ketchup	29 Pepperoni Pizza Garden Salad Fruit Variety 1% Milk Ranch Dressing	30 Monster Mash Cheeseburger Straight Cut French Fries Fresh Apple 1% Milk 

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