



# October 2026

NTHS

Breakfast and Lunch  
1% Milk and Fat Free Chocolate Milk  
Offered Daily

| MONDAY                                                                                                    | TUESDAY                                                                                                         | WEDNESDAY                                                                                                                                          | THURSDAY                                                                                            | FRIDAY                                                                                                |
|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
|                                                                                                           |                                                                                                                 | <b>Offered Daily:</b><br><b>Breakfast:</b><br>Cereal<br><b>Lunch:</b><br>Chicken Patties,<br>Panini, Tacos, PBJ<br>w/ Cheese Stick<br>and<br>Pizza | 1<br>Yogurt Parfait<br>Fresh Fruit                                                                  | 2<br>Mini Waffles<br>Fresh Fruit                                                                      |
|                                                                                                           |                                                                                                                 |                                                                                                                                                    | Orange Popcorn<br>Chicken w/ Rice<br>Broccoli, Peppers<br>Fruit                                     | BBQ Chicken Pizza<br>Carrots<br>Tomatoes<br>Fruit                                                     |
|                                                                                                           |                                                                                                                 |                                                                                                                                                    | 8<br>Cinni Mini<br>Fresh Fruit                                                                      | 9<br>Mini Pancakes<br>Fresh Fruit                                                                     |
|                                                                                                           |                                                                                                                 |                                                                                                                                                    | Grilled Cheese W/<br>Tomato Soup<br>Salad, Red Peppers<br>Fruit                                     | Chicken, Bacon,<br>Ranch Pizza<br>Broccoli, Tomatoes<br>Fruit                                         |
| 5<br>Mini French Toast<br>Fresh Fruit<br><br>Popcorn Chicken w/<br>Roll<br>Broccoli, Cukes<br>Fruit       | 6<br>Chocolate Chip<br>Muffin<br>Fresh Fruit<br><br>Bacon Cheeseburger<br>Celery and Carrots<br>Fruit           | 7<br>French Toast Sticks<br>Fresh Fruit<br><br>Mac and Cheese w/<br>Roll<br>BBQ Beans, Tater<br>Tots<br>Fruit                                      |                                                                                                     |                                                                                                       |
| 12<br>                                                                                                    | 13<br>Apple Frudel<br>Fresh Fruit<br><br>Corn dog<br>Carrots, Veggie<br>Beans<br>Fruit                          | 14<br>Breakfast Sandwich<br>Fresh Fruit<br><br>Rodeo Burger<br>Fries, Tomatoes<br>Fruit                                                            | 15<br>Chocolate Chip Muffin<br>Fresh Fruit<br><br>Pancakes w/ Sausage<br>Tots, Green Beans<br>Fruit | 16<br>Cherry Frudel<br>Fresh Fruit<br><br>Chicken Alfredo<br>Broccoli, Cauliflower<br>Fruit           |
| 19<br>Cinni Mini<br>Fresh Fruit<br><br>Cheeseburger<br>Fries, Peppers<br>Fruit                            | 20<br>Chocolate Chip<br>Muffin<br>Fresh Fruit<br><br>French Toast Sticks<br>w/ Sausage<br>Smiles, Corn<br>Fruit | 21<br>Breakfast Pizza<br>Fresh Fruit<br><br>General Tso Chicken<br>w/ Rice<br>Broccoli, Peppers<br>Fruit                                           | 22<br>Mini Waffles<br>Fresh Fruit<br><br>Meatball Sub<br>Salad, BBQ Beans<br>Fruit                  | 23<br>Yogurt Parfait<br>Fresh Fruit<br><br>Loaded Baked<br>Potato w/ Roll<br>Tomatoes, Cukes<br>Fruit |
| 26<br>French Toast Sticks<br>Fresh Fruit<br><br>Cheese Pizza Sticks<br>Broccoli, Veggie<br>Beans<br>Fruit | 27<br>Mini Bagel<br>Fresh Fruit<br><br>Lumberjack Bowl w/<br>Roll<br>Corn, Carrots<br>Fruit                     | 28<br>Cinnamon Swirl Roll<br>Fresh Fruit<br><br>Cheeseburger<br>Fries, Tomatoes<br>Fruit                                                           | 29<br>Cherry Frudel<br>Fresh Fruit<br><br>Pasta w/ Meatballs<br>Side Salad, Broccoli<br>Fruit       | 30<br>Powdered Donut<br>Fresh Fruit<br><br>Buffalo Chicken<br>Pizza<br>Celery and Carrots<br>Fruit    |

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