



October 2026

NTI

Breakfast and Lunch

1% Milk & Fat Free Chocolate Milk Offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Offered Daily: Cereal w/ Crackers PB&J w/ Cheese Stick Chicken Nuggets w/ Roll	Cinnamon Rolls 1 Fresh Fruit ½ and ½ Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll Carrots, Celery Fruit	Maple Waffles 2 Fresh Fruit Cheese or Pepperoni Pizza Turkey and Cheese Sandwich Fruit & Yogurt Salad w/ Roll Broccoli, Tomatoes Fruit
			Powder Donuts 8 Fresh Fruit Orange Popcorn Chicken w/ Rice Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll Broccoli, Peppers Fruit	Mini French Toast 9 Fresh Fruit Cheese or Pepperoni Pizza Turkey and Cheese Sandwich Fruit & Yogurt Salad w/ Roll Carrots, Cucumbers Fruit
			Yogurt Parfait 15 Fresh Fruit French Toast Sticks w/ Sausage Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll Tater Tots, Broccoli Fruit	Mini Bagel 16 Fresh Fruit Cheese or Pepperoni Pizza Turkey and Cheese Sandwich Fruit & Yogurt Salad w/ Roll BBQ Beans, Cauliflower Fruit
			Cherry Frudel 29 Fresh Fruit Beef Nachos Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll Rice, Side Salad Fruit	Powder Donuts 30 Fresh Fruit
Banana Oatmeal Bar 5 Fresh Fruit Cheeseburger Turkey and Cheese Sandwich Egg Chef Salad w/ Roll French Fries, Side Salad Fruit	Apple Frudel 6 Fresh Fruit Pancakes w/ Sausage Bologna and Cheese Sandwich Ham Chef Salad w/ Roll Tater Tots, Tomatoes Fruit	Chocolate Chip Muffin 7 Fresh Fruit Corndog Ham and Cheese Sandwich Beef Nacho Salad w/ Roll BBQ Beans, Broccoli Fruit	Cinnamon Swirl Roll 26 Fresh Fruit Cheese Pizza Sticks Turkey and Cheese Sandwich Egg Chef Salad w/ Roll Tomatoes, Broccoli Fruit	Pumpkin Bread 23 Fresh Fruit Cheese or Pepperoni Pizza Turkey and Cheese Sandwich Fruit & Yogurt Salad w/ Roll Celery and Carrots Fruit
Oatmeal Banana Round 19 Fresh Fruit Chicken Patty Turkey and Cheese Sandwich Egg Chef Salad w/ Roll Broccoli, Peppers Fruit	Apple Frudel 20 Fresh Fruit Junior Jacks Bowl w/ Roll Bologna and Cheese Sandwich Ham Chef Salad w/ Roll Peppers, Tomatoes Fruit	Chocolate Chip Muffin 21 Fresh Fruit Grilled Cheese w/ Tomato Soup Ham and Cheese Sandwich Beef Nacho Salad w/ Roll Veggie Beans, Carrots Fruit	Mini Blueberry Waffles 22 Fresh Fruit Cheeseburger Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll Tater Tots, Cucumbers Fruit	Powder Donuts 30 Fresh Fruit
Cinnamon Swirl Roll 26 Fresh Fruit Cheese Pizza Sticks Turkey and Cheese Sandwich Egg Chef Salad w/ Roll Tomatoes, Broccoli Fruit	Breakfast Sandwich 27 Fresh Fruit French Toast Sticks w/ Sausage Bologna and Cheese Sandwich Ham Chef Salad Tater Tots, Carrots Fruit	Chocolate Chip Muffin 28 Fresh Fruit Popcorn Chicken w/ Roll Ham and Cheese Sandwich Beef Nacho Salad w/ Roll BBQ Beans, Side Salad Fruit	Cherry Frudel 29 Fresh Fruit Beef Nachos Bologna and Cheese Sandwich Popcorn Chicken Salad w/ Roll Rice, Side Salad Fruit	Powder Donuts 30 Fresh Fruit

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