



October 2026

NTMS

BREAKFAST AND LUNCH

1% Milk & Fat Free Chocolate Milk
Offered Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Offered Daily Breakfast: Cereal Lunch: Chicken Patty Sandwiches Salad w/ Roll, PBJ w/ Cheese Stick	1 Yogurt Parfait Fresh Fruit	2 Mini Waffles Fresh Fruit
			Orange Popcorn Chicken w/ Rice Broccoli, Peppers Fruit	BBQ Chicken Pizza Carrots, Tomatoes Fruit
		5 Mini French Toast Fresh Fruit Popcorn Chicken w/ Roll Broccoli, Cukes Fruit	6 Chocolate Chip Muffin Fresh Fruit Bacon Cheeseburger Celery and Carrots Fruit	7 French Toast Sticks Fresh Fruit Mac and Cheese w/ Roll BBQ Beans, Tater Tots Fruit
			8 Cinni Mini Fresh Fruit Grilled Cheese W/ Tomato Soup Salad, Red Peppers Fruit	9 Mini Pancakes Fresh Fruit Chicken, Bacon, Ranch Pizza Broccoli, Tomatoes Fruit
12 	13 Apple Frudel Fresh Fruit Corn dog Carrots, Veggie Beans Fruit	14 Breakfast Sandwich Fresh Fruit Rodeo Burger Fries, Tomatoes Fruit	15 Chocolate Chip Muffin Fresh Fruit Pancakes w/ Sausage Tots, Green Beans Fruit	16 Cherry Frudel Fresh Fruit Chicken Alfredo Broccoli, Cauliflower Fruit
19 Cinni Mini Fresh Fruit Cheeseburger Fries, Peppers Fruit	20 Chocolate Chip Muffin Fresh Fruit French Toast Sticks w/ Sausage Smiles, Corn Fruit	21 Breakfast Pizza Fresh Fruit General Tso Chicken w/ Rice Broccoli, Peppers Fruit	22 Mini Waffles Fresh Fruit Meatball Sub Salad, BBQ Beans Fruit	23 Yogurt Parfait Fresh Fruit Loaded Baked Potato w/ Roll Tomatoes, Cukes Fruit
26 French Toast Sticks Fresh Fruit Cheese Pizza Sticks Broccoli, Veggie Beans Fruit	27 Mini Bagel Fresh Fruit Lumberjack Bowl w/ Roll Corn, Carrots Fruit	28 Cinnamon Swirl Roll Fresh Fruit Cheeseburger Fries, Tomatoes Fruit	29 Cherry Frudel Fresh Fruit Pasta w/ Meatballs Side Salad, Broccoli Fruit	30 Powdered Donut Fresh Fruit Buffalo Chicken Pizza Celery and Carrots Fruit

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