



Student Lunch \$2.95
Adult Lunch \$5.05
Milk \$.75

OCTOBER 2026

FOX CHAPEL AREA SCHOOL DISTRICT

HS & DMS LUNCH MENU

Please make checks payable to:
FCASD Cafeteria Fund.
Money may also be deposited onto your child's
account at www.schoolcafe.com
USDA is an equal opportunity provider and employer

Monday

Food Services Manager
Julie Geary
412-967-2502
Julie_Geary@fcasd.edu

Tuesday

Wednesday

Thursday

Friday



5
Mini Corn Dogs
Crinkle Fries / Baked Beans
Choice of Assorted Fruit / Juice
Choice of Milk

6
General Tso's Chicken
with Fried Rice
Steamed Broccoli / Red Peppers
Choice of Assorted Fruit / Juice
Choice of Milk

7
Chicken Mashed Potato
Bowl with a Roll
Corn/ Cauliflower Florets
Choice of Assorted Fruit / Juice
Choice of Milk

1
Cheese Manicotti with
a Garlic Breadstick
Brussel Sprouts / Tossed Salad
Choice of Assorted Fruit / Juice
Choice of Milk

2
Cheese Pizza Crunchers
with Pizza Sauce
Carrot Coins / Broccoli Florets
Choice of Assorted Fruit / Juice
Choice of Milk

12
Toasted Cheese Sandwich
Tomato Soup / Broccoli Florets
Choice of Assorted Fruit / Juice
Choice of Milk

13
Walking Taco
Steamed Corn / Green Peppers
Choice of Assorted Fruit / Juice
Choice of Milk

14
NO LUNCH
EARLY DISMISSAL


8
Pasta Bar with a
Garlic Breadstick
Green Beans / Tossed Salad
Choice of Assorted Fruit / Juice
Choice of Milk

9
Macaroni & Cheese
with Cornbread
Steamed Peas / Baby Carrots
Choice of Assorted Fruit / Juice
Choice of Milk

15
Buffalo or BBQ Chicken Wings
with Soft Pretzel Rods
Curly Fries / Baked Beans
Choice of Assorted Fruit / Juice
Choice of Milk

16
Cheese Pizza Sticks
with Pizza Sauce
Carrot Coins / Tossed Salad
Choice of Assorted Fruit / Juice
Choice of Milk

19
Double Hot Dogs on a Bun
Tater Tots / Baked Beans
Choice of Assorted Fruit / Juice
Choice of Milk

20
Create Your own Bowl/Burrito
Shredded Chicken or Beef,
cilantro lime rice, black beans, salsa,
shredded lettuce, cheese, sautéed
veggies, taco sauce, & sour cream
Steamed Corn / Red Peppers
Choice of Fruit/Juice/Milk

21
Chicken Nuggets
with a Soft Pretzel Rod
Mashed Potatoes & Gravy /
Cauliflower Florets
Choice of Assorted Fruit / Juice
Choice of Milk

22
Cheese Ravioli with
a Garlic Breadstick
Brussel Sprouts / Tossed Salad
Choice of Assorted Fruit / Juice
Choice of Milk

23
NO LUNCH
EARLY DISMISSAL


26
BBQ Pulled Pork
on a Breadworks Kaiser Bun
Fries/Baked Beans/Coleslaw
Choice of Assorted Fruit / Juice
Choice of Milk

27
Chicken Tikka Masala
with Rice and Naan Bread
Steamed Broccoli/Green Peppers
Choice of Assorted Fruit / Juice
Choice of Milk

28
Chicken Tenders
with a Roll
Mashed Potatoes & Gravy /
Cucumber Slices
Choice of Assorted Fruit / Juice
Choice of Milk

29
Cheese Lasagna with
a Garlic Breadstick
Green Beans / Tossed Salad
Choice of Assorted Fruit / Juice
Choice of Milk

30
Cheese Pierogies
with or without Sautéed Onions
Steamed Peas / Baby Carrots
Choice of Assorted Fruit / Juice
Choice of Milk **TREAT: COOKIE**

Daily Hot Sandwiches:

Chicken Patty
Spicy or Dill Chicken Patty
Cheeseburger or Hamburger
Grilled Chicken Sandwich

Pizza Station:

Daily: Cheese & Pepperoni
Monday: Individual Pizza's Tuesday: Meat Lover's
Wednesday: French Bread Thursday: Buffalo Chicken
Friday: White/Veggie

Daily & Vegetarian Options:

PB & Jelly with String Cheese
Assorted Pre-Made Salads
HS Only: MTO Deli
Kickin Patty Sand or Black Bean Burger
Gluten Free Buns/Bread upon request