NEWSFLASH

September 2, 2026

The LHS Counseling & Social Work Department is committed to fostering the academic, personal, and post-secondary growth of every student!

Counselor Assignments

As a reminder, counselor caseloads have been adjusted in order to better serve our Bluejays. Please review the counselor assignments below, as your assigned counselor may have changed.

COUNSELORS
Nikki Duncan – (ELD & 504)
Brooke Dorr – A–Co*
Carlen Sims – Cp–He*
Taylor Baker – Hf–Mc*
Jenny Ward – Md–Sa*
Jamie Jensen – Sb–Z*

SOCIAL WORKERS
Shannon Richardson - A-L*
Kris Boyle - M-Z*

*based on student last names

4 Basics to High School Success

These may seem simple but each one is so important to be successful in High School.

MAKE IT COUNT

It is SO important to stay on top of your grades. Every grade/credit counts towards building evidence that you can be a successful student in college or a successful employee who can accomplish what is asked of you after high school. If you fail a class, it is very difficult to raise your GPA. Your future self will thank you later ..... Don't slack off! Take the challenging classes, do your best work, and **MAKE IT COUNT!**

GET INVOLVED

Not only is being involved fun, it is the best way to meet like-minded people and to **quickly feel connected at LHS**. We have so many Clubs, Sports and Activities to participate in! An added bonus: The experiences you have while participating in various activities are often the best topics for your future job and college interviews & essays. Consider running for leadership positions within the organizations you are a part of, and don't feel like you have to be involved in

EVERYTHING. Pick a couple things you love and get super involved in those!

STAY IN THE KNOW

There is nothing worse than missing out on important information. Don't be that person.

1. Check your email everyday!
2. Sign Up for SportsYou! (see below)
3. Read the Counseling Newsflash - Emailed to you!
4. Follow us on Instagram @CounselorsLHS

IF IN DOUBT, REACH OUT

If you ever need help, do not hesitate to reach out. Ask or email your teachers, your counselor, or any adult at LHS! Let us know so we can help support you! Don't just ignore it and get farther behind. **Take Action!**

In the Know!

ACT TEST PREP

Planning for college entrance exams? Physical test prep packets are no longer stocked in our office, but you can find all the digital resources you need by clicking here for the **Free ACT Practice Tests & Test Prep page.**

TRANSCRIPTS

Parents! Do you need a copy of your students grades for good driver, insurance or other purposes? Your student can access their unofficial transcript in Schoolinks by following these directions.
1. Have your student log into their Schoolinks account (select log in with google).
2. Select the Student tab followed by Record Requests.
3. Select Unofficial Transcript and print.

COLLEGE REP VISITS

College Representatives come to LHS throughout the year. If you are interested in learning more about a specific college, simply RSVP in Schoolinks! Log into **SchooLinks**, head to the **Engage** tab on the left, click **Events**, and register for the sessions you'd like to attend. All visits are located in the Counseling Office.

College	Date	Time
Missouri Western State University	09/08/2026	10:00 AM
Skidmore College	09/10/2026	10:00 AM

College	Date	Time
Lake Forest College	09/10/2026	2:00 PM
Kansas State University	09/17/2026	10:00 AM
University of Missouri-Columbia	09/17/2026	2:00 PM

Schoolinks & Real World Learning

New school year, new updates!

Joined a club, started a fall sport, picked up a part-time job? Add it to your SchooLinks profile now while it's fresh. Seniors, an updated profile makes application season way easier. Check out the Real World Learning website for a tutorial.



Senior News!



Individual Senior Meetings have begun!!! Students, don't miss this opportunity to sit down one on one with your counselor to discuss graduation requirements and your plans for after high school. You should have received an email from Mrs. Ward with directions on how to sign up! Sign up today!

TRANSCRIPTS FOR COLLEGE ADMISSION

If you plan to apply to college for Fall 2027, you will need to request your transcript through Schoolinks. College application season begins in August, with most students applying between August and October of their senior year. The College Application Manager (under the College Tab) in **Schoolinks** is an important tool you will use throughout the process.

You will use Schoolinks to:
- Complete your FERPA - REQUIRED
- Request transcripts
- Request letters of recommendation
- Connect with the Common Application. **You MUST link Schoolinks and your Common Application.**

Step by step instructions can be found on the LHS Counseling Website.

The first round of Transcripts will be sent after Labor Day.

Counselors will hold individual senior meetings early in the semester to review student goals and help navigate the admissions process including showing them how to request their transcript!

Questions? Reach out to Lois Magnuson, Registrar. lois.magnuson@lps53.org

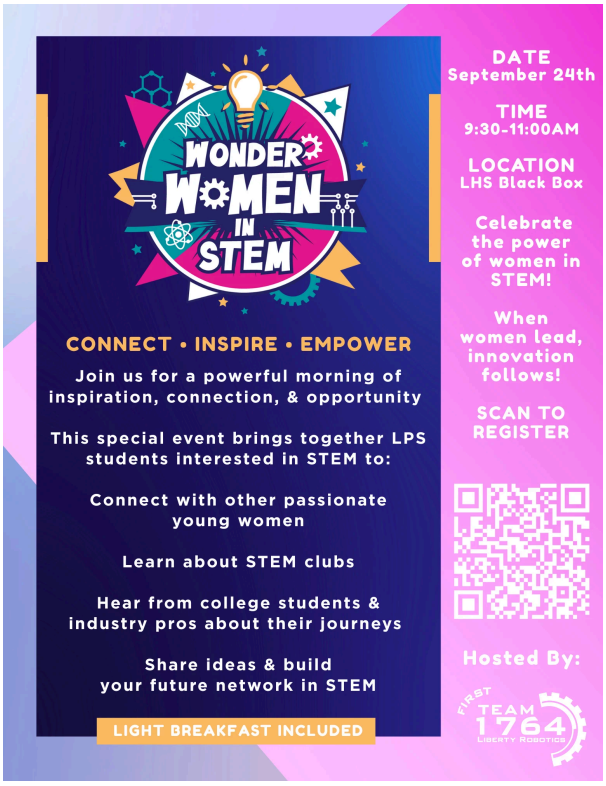
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FALL 2026
LHS COUNSELING EVENTS

August	19th	***Freshmen Parent Night*** 6pm - PAC
	31st	Seniors - Individual Meetings Begin Sign up with your counselor for a time that works for you!
September	1st	***Senior Parent Night*** 6pm during Back to School Night - Blackbox
	2nd	High School 101 - Freshmen Counselors present during FLEX
	21st	**LPS COLLEGE & CAREER FAIR** 5:30-7:00 pm @ LHS
October	1st /2nd	Sophomore ICAP Presentations World History Classes + EDGE Oct 7
	7th/9th	Junior ICAP Presentations Government Classes + EDGE Oct 7
	10th	Individual Student Meetings Begin Sign up with your counselor for a time that works for you!
	20th	***Financial Aid Night*** During Parent Teacher Conferences - 6pm Blackbox
	21st	***College Planning Workshop*** During Parent Teacher Conference - 6pm Blackbox
November	1st	Community Scholarship Program Application Opens TODAY!
	6th/7th	Freshmen ICAP Presentations American History Classes
December	3rd	***Off Campus Opportunities Night*** 6pm - LHS - Parents & Students

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Local Opportunities!



quick LINKS

[Contact Us]

[High School Planning]
Graduation Requirements, Diploma Types, Course Selection, MVAs & more!

[Post Secondary Planning]
College, Career, Military, Scholarships & more!

[Transcript Requests]

[Emergency Food Resources]

Follow Us on SportsYou to stay connected with class specific updates!

FRESHMEN	SOPHOMORES	JUNIORS	SENIORS

#GoJays