

NOHS Menu: October 2026

Meal Costs:
Breakfast: *Free*

Lunch
Free/Reduced: Free
Full Price: \$2.85

A la Carte items are charged at full price and students must have cash or funds on account to purchase.

MENU IS SUBJECT TO CHANGE



Ashley Sprankle
Food Service
Director
717-624-2157
Ext. 1015

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
5 Chicken pattie on a roll, steamed green beans, diced pears Grill: Cheeseburger or BBQ Chicken Pizza	6 Meatball sub with marinara and mozzarella, steamed peas, Fz strawberries Grill: Beef Pocket or Personal Pan Pizza	7 French Toast Sticks, Sausage, Hash Browns, baked apples Grill: Corn Dog or Maxx Cheesy Breadsticks	8 Hot Dog in a bun, baked beans, mixed fruit Grill: Texas Toast Grilled Cheese or Pepperoni Pizza Wedge	9 French Bread Pizza, steamed california blend, blueberries Grill: Hot Honey Chicken Sandwich or Mozzarella Sticks
12 	13 	14 Baked Fish Sandwich, steamed corn, applesauce Grill: Corn Dog or Maxx Cheesy Breadsticks	15 Mac & Cheese, little smokies, steamed broccoli, diced peaches Grill: Grilled Cheese or Pepperoni Pizza Wedge	16 Four Cheese Pizza, steamed carrots, pineapple tidbits Grill: Spicy Chicken Sandwich or Mozzarella Sticks
19 Honey Sriracha Boneless Wings, cornbread poppers, steamed green beans, diced pears Grill: Cheeseburger or Buffalo Chicken Pizza	20 Walking Beef Taco, refried beans, fz strawberries Grill: Beef Pocket or Personal Pan Pizza	21 Ravioli, garlic knot, steamed peas, diced peaches Grill: Corn Dog or Maxx Cheesy Breadsticks	22 Pulled Pork Sandwich, scalloped potatoes, mixed fruit Grill: Texas Toast Grilled Cheese or Pepperoni Pizza Wedge	23 Stuffed Crust Pizza, steamed california blend, blueberries Grill: Hot Honey Chicken Sandwich or Mozzarella Sticks
26 Grilled Chicken on Brioche Roll, steamed broccoli, applesauce Grill: Rodeo Burger or Four Meat Pizza	27 Chicken Potstickers, steamed rice, steamed broccoli, diced peaches Grill: Hot Ham & Cheese or Personal Pan Pizza	28 Salisbury Steak with gravy, dinner roll, mashed potatoes, baked apples Grill: Corn Dog or Maxx Cheesy Breadsticks	29 Shrimp Poppers with cheesy breadstick, steamed corn, mandarin oranges Grill: Grilled Cheese or Pepperoni Pizza Wedge	30 Pepperoni Pizza, steamed carrots, pineapple tidbits Grill: Spicy Chicken Sandwich or Mozzarella Sticks Halloween Treat



A selection of hot or deli sandwiches, pizza, cheesy breadsticks, PB&J, snacks, granola bars, yogurt, snacks, cookies, and more! Drinks include milk, water, sparkling water, Gatorade, tea, lemonade or juice.

Self Service Food Bars:
Week 1-**Pasta Bar** includes whole grain pasta paired with a choice of chicken or meatballs with red or white sauce, and a variety of toppings.
Week 2-**Baked Potato Bar** includes a choice of a regular or sweet baked potato paired with a choice of protein and a variety of toppings.
Week 3-**Asian Bar** includes a choice of rice or noodles paired with chicken or beef paired with steamed vegetables.
Week 4-**Taco Bar** includes a choice of rice, whole grain tortilla shell, or nacho chips with a choice of chicken or beef, and a variety of toppings.
Students can pair their meal with fruit or milk options to complete their meal.