

Lunch Menu

North Street Preschool

October
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



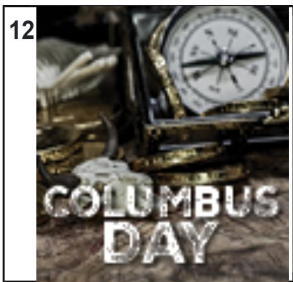
5 Simply Boxed Hummus Energy Pack 🌱 🌱
Grape Tomatoes
Fresh Apple
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

6 Ham & Cheese Sandwich
Cucumber Coins
Fresh Apple
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

7 Pretzel with Cheese Sauce 🌱
Shredded Carrots And Raisins
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

1 Muffin Lunch 🌱
Cinnamon & Honey
Roasted Beans
Sliced Oranges 🍊
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

2 Classic Cheese Pizza 🌱 🌱
Garden Salad
Apple Slices 🍏
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱



13 Ham & Cheese Sandwich
Cucumber Coins
Fresh Apple
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

14 Pretzel with Cheese Sauce 🌱
Shredded Carrots And Raisins
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

15 Muffin Lunch 🌱 🌱
Cinnamon & Honey
Roasted Beans
Sliced Oranges 🍊
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

16 Classic Cheese Pizza 🌱 🌱
Garden Salad
Apple Slices 🍏
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

19 Hummus and Pretzel 🌱
Grape Tomatoes
Sliced Peaches
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

20 Ham & Cheese Sandwich
Cucumber Coins
Fresh Apple
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

21 Pretzel with Cheese Sauce 🌱
Shredded Carrots And Raisins
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

22 Muffin Lunch 🌱 🌱
Cinnamon & Honey
Roasted Beans
Sliced Oranges 🍊
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

23 Classic Cheese Pizza 🌱 🌱
Garden Salad
Apple Slices 🍏
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

26 Hummus and Pretzel 🌱
Grape Tomatoes
Sliced Peaches
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

27 Ham & Cheese Sandwich
Cucumber Coins
Fresh Apple
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

28 Pretzel with Cheese Sauce 🌱
Shredded Carrots And Raisins
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

29 Muffin Lunch 🌱 🌱
Cinnamon & Honey
Roasted Beans
Sliced Oranges 🍊
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

30 Classic Cheese Pizza 🌱 🌱
Garden Salad
Apple Slices 🍏
Unflavored Low Fat Milk
Or Not-A-Nut Butter & Jelly Sandwich 🌱 🌱

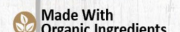
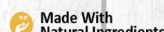


View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



ALL PRESCHOOL MEALS WILL BE SERVED WITH ALL OF THE MEAL COMPONENTS LISTED ON THE DAILY MENU FOR NUTRITIONAL AND MEAL PATTERN COMPLIANCE.