

Breakfast Menu

North Street Preschool

October 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



5 Blueberry Muffin 🍷
Applesauce 🍏
Unflavored Low Fat Milk

6 Very Berry Smoothie 🍓
Diced Pear Cup
Unflavored Low Fat Milk

7 Cinnamon Toast Crunch Cereal Bar 🍌
Fresh Banana 🍌
Unflavored Low Fat Milk

1 WW Bagel 🍷
Cream Cheese
Sliced Oranges 🍊
Unflavored Low Fat Milk

2 Apple Cinnamon Cheerios Cereal 🍷 🌻
Apple Slices 🍏
Unflavored Low Fat Milk

12
COLUMBUS DAY

13 Nutri-Grain Bar 🌻 🍏
Diced Pear Cup
Unflavored Low Fat Milk

14 Cinnamon Toast Crunch Cereal Bar 🌻
Fresh Banana 🍌
Unflavored Low Fat Milk

15 WW Bagel 🍷
Cream Cheese
Sliced Oranges 🍊
Unflavored Low Fat Milk

16 Apple Cinnamon Cheerios Cereal 🍷 🌻
Apple Slices 🍏
Unflavored Low Fat Milk

19 Chocolate Chip Muffin 🍷
Applesauce 🍏
Unflavored Low Fat Milk

20 Nutri-Grain Bar 🌻 🍏
Diced Pear Cup
Unflavored Low Fat Milk

21 Cinnamon Toast Crunch Cereal Bar 🌻
Fresh Banana 🍌
Unflavored Low Fat Milk

22 WW Bagel 🍷
Cream Cheese
Sliced Oranges 🍊
Unflavored Low Fat Milk

23 Apple Cinnamon Cheerios Cereal 🍷 🌻
Apple Slices 🍏
Unflavored Low Fat Milk

26 Banana Muffin 🍌 🍷
Applesauce 🍏
Unflavored Low Fat Milk

27 Nutri-Grain Bar 🌻 🍏
Diced Pear Cup
Unflavored Low Fat Milk

28 Cinnamon Toast Crunch Cereal Bar 🌻
Fresh Banana 🍌
Unflavored Low Fat Milk

29 WW Bagel 🍷
Cream Cheese
Sliced Oranges 🍊
Unflavored Low Fat Milk

30 Apple Cinnamon Cheerios Cereal 🍷 🌻
Apple Slices 🍏
Unflavored Low Fat Milk

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



ALL PRESCHOOL MEALS WILL BE SERVED WITH ALL OF THE MEAL COMPONENTS LISTED ON THE DAILY MENU FOR NUTRITIONAL AND MEAL PATTERN COMPLIANCE.

