Township of Ocean Schools

Department of Athletics

Ocean Intermediate School Athletics

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

Important Winter Sports Dates:

Winter Sports include: Cheerleading, Boys/Girls Basketball (6/7 grade team & 8th Grade team), Wrestling

NOTE: The Township of Ocean School Districts Athletic Department utilizes Sport Sign-up Permission Forms on the Parent Portal. If your child would like to participate on a sports team, please log into your parent portal account and navigate to the "Forms" tab and click on the available season Sports Participation Sign-up & Permission Form.

Wednesday, November 4, 2026: All Sports Medical paperwork is due in Nurse's office Paperwork could include:

Physical Questionnaire due for school doctor sports physical

Health History Update form: If a physical is currently on record at the Nurse's office and is not over 365 days old. NEEDED EVERY SEASON

Medical Physical Form: If your private doctor performed the physical. Form must be on file in Nurse's office

The proper forms can be found in the Intermediate School Nurse section of the District Website: https://www.oceanschools.org/nurses/intermediate-school-nurse

All Sports Physicals must be approved by our school physician prior to participation

Friday, November 6, 2026: Student exams done by the school doctor. (Only if appointment was made prior)

Wednesday, November 11, 2026: Cheer Tryouts start 2:45 - 4:30

Monday, November 16, 2026: 6/7 Grade Boys basketball tryouts, 6, 7, 8th Grade Girls Basketball tryouts, Wrestling practice 2:45 - 4:30.

Monday, November 23, 2026: 8th Grade Boys Basketball Tryouts

If you are unsure of which paperwork your child needs for Winter Sports, please contact the Nurse's Office at 732-531-5630, Ext. 7010.

Home of the Spartans!

#spartanlegacy