

OCTOBER

PREK-KINDERGARTEN

Learning Together
Use these simple activities to
have fun and learn each day!



WEEK 1	Find capital and lowercase <i>Aa</i> , <i>Bb</i> , and <i>Cc</i> in books or on signs around town. Talk about the letters and practice their names, shapes, and sounds.	Give your child an old magazine so they can circle letters and numbers. Use one color for letters and another color for numbers.	As you make a meal, ask your child what they smell. If you have spices in your kitchen, let your child gently sniff them and describe what they smell.	Spread shaving cream on a cookie sheet. Ask your child to “write” the letters <i>Aa</i> , <i>Bb</i> , and <i>Cc</i> in the shaving cream with their finger!	When your child has a problem to solve, help them think of different solutions. Let your child choose a solution. Does it solve the problem?
WEEK 2	Help your child make letter shapes with rocks! Have them make as many <i>capital</i> and <i>lowercase</i> letters as they can.	Throughout the week, count “1-2-3, go!” For example, time to get in the car! “1-2-3, go!” Ready to play outside? “1-2-3, go!”	To learn about taste, let your child taste sweet, salty, and sour foods at home. Which is their favorite—sweet, salty, or sour?	Write your child’s name with sidewalk chalk. Call out each letter as your child waters it (with a cup or watering can) until the letter disappears.	Balance screen time with activities that are good for your child’s development. Try a fun activity without screens (walk, tag, board games, etc.).
WEEK 3	Try this rhyming game during a meal. Someone calls out a word, such as <i>cat</i> . The next person says a word that rhymes. Keep going around the table.	Give your child an old magazine, book, or newspaper. Can they find the number 3 and circle it? How many times can they find the number 3?	Find a small area outside. Look for living and nonliving things with your child. Talk about the differences between living and nonliving things.	Act out ideas or scenes from books. This is a great way to use new vocabulary words from books. It’s also a chance to be silly together!	Set time limits to help your child balance screen time with other activities. For example, 15 minutes of screen time and 30 minutes of outdoor play.
WEEK 4	Ask your child to look for capital and lowercase <i>Dd</i> , <i>Ee</i> , and <i>Ff</i> . Think of names that start with those letters. Practice the sound each letter makes.	Addition problems are everywhere. If your child is coloring you can say, “You have 2 crayons. If I give you 1 more crayon, how many will you have?”	Observe plants and animals where you live. Help your child think about these questions: How are plants and animals different? How are they alike?	Write the alphabet and put it somewhere in your home where your child will see it often. Sing the alphabet song each day as you point to the letters.	Find teachable moments throughout the day. Make up funny rhymes as you walk. Talk about the weather. Count how many red cars you see as you drive.