



October 2026



Ferndale Area Elementary School Lunch Menu * Menu Subject to Change*

**Fat Free Chocolate, Strawberry, 1% white			1. Meatballs in Gravy or Deli Sand., Seasoned Noodles, Green Beans, Banana, Dinner Roll, Milk	2. Pepperoni Pizza or Deli Sand., Tossed Salad, Broccoli, Pineapple, Frozen Fruit Cup, Milk
5. Hot Ham & Cheese on Pretzel Bun or Ham & Cheese Sandwich, French Fries, Pears, Snack Bag, Milk	6. Hamburger on Bun, or Ham & Cheese Sandwich, Lettuce & Tomato, Veg Beans, Tator Tots, Orange Wedges, Milk	7. Pasta W Meat Sauce, or Ham & Cheese Sand., Tossed Salad, Garlic Bread Stick, Steamed Broccoli Pears, Milk	8. BREAKFAST FOR LUNCH: French Toast Sticks, or Ham & Cheese Sand., Sausage Links, Baby Cakes, Peaches, Milk	9. Stuffed Crust Pizza or Ham & Cheese Sand., Fresh Cucumber & Carrot Cup, Mandarin Oranges, Milk
12. No School	13. Meatball Hoagie or Deli Combo, Corn, Shredded Mozz Cheese, Mandarin Oranges, Milk	14. Chicken Taco or Deli Combo, Steamed Rice, Black Beans, Shredded Lettuce Cheese, Salsa, Baby Carrots, Pears, Milk	15. Chicken Alfredo or Deli Combo, Steamed Broccoli, Tossed Salad, Galic Bread Stick, Peaches, Milk	16. Meat Lovers Stromboli w Sauce or Deli Combo, Tossed Salad, Green Beans, Pears, Snack Bag, Milk
19. Taco or Turkey & Cheese Sand, Steamed Rice, Shredded Lettuce & Shred Cheese, Salsa, Corn, Baby Carrots, Mixed Fruit, Milk	20. Chicken Sand. on Bun, or Turkey & Cheese Sand., Tator Tots, Green Beans, Pears, Milk	21. Hot Dog on Bun or Turkey & Cheese, Veg. Beans, Carrot/Celery Cup, Peaches, Cheezits, Milk	22. Chicken Strips or Turkey & Cheese Sand., Dinner Roll, French Fries, Peas, Applesauce, Milk	23. Personal Pizza or Turkey & Cheese, Baby Carrots, Broccoli, Mandarin Oranges, Milk
26. Chicken Nuggets or Deli Sandwich, Tator Tots, Steamed Broccoli, Pears, Snack Bag, Milk	27. Grilled Cheese Sand., or Deli Sand. Tomato Soup, Baby Carrots & Celery Cup, Goldfish Crackers, Pineapple, Milk	28. BBQ Riblet Sand., or Deli Sand., Smiley Fries, Baby Carrots, Mandarin Oranges, Milk	29. Walking Taco or Deli Sandwich, Lettuce, Cheddar Cheese, Salsa, Rice, Steamed Corn, Black Beans, Peaches, Milk	30. Pepperoni Pizza or Deli Sand., Tossed Salad, Green Beans, Pineapple, Milk
Free Lunch & Breakfast for all Students!! Adult Prices Lunch \$5.25 Breakfast 3.25				

