

Zanesville City School District Zanesville Middle School

Lunch Menu

October
2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Daily Lunch Nutritional Requirements Grains: 1oz eq. Fruits: .5c Veg: .75c M/MA: 1oz eq. Milk: 1c	29	30	1 Baked Potato Bar Grilled Chicken Breast Fixings for your Spud Soft Pretzel Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	2 Oven Fried Chicken Leg Macaroni & Cheese Collard Greens Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk
5 Crispy Chicken Tenders Tater Tots Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	6 Beefy Nachos & Cheese Spiced Pinto Beans Salsa Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	7 Cheesy Bosco Stick Marinara Sauce Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	8 Chicken & Sausage Jambalaya Dinner Roll Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	9 Roasted Beef Hot Dog on a Bun Harvest Cheddar Sunchip Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk
12 Popcorn Chicken Bowl Mashed Potatoes Dinner Roll Fresh Fruit Bar Variety of Veggies Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	13 Walking Taco Spiced Pinto Beans Salsa Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	14 Cheeto Mac & Cheese Roasted Asparagus Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	15 Build Your Own Burrito Bowl Cilantro Lime Rice Toppings for your Bowl Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	16 Pizza Buffet Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk
19 Chicken & Broccoli Chicken Fried Rice Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	20 Cheeseburger on WG Bun Onion Rings Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	21 Buffalo Chicken Dip Tortilla Chips Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	22 Ancho Beef Chili Cornbread Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	23 Crispy Chicken Nuggets French Fries Seasoned Ranch Wedges Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk
26 Beef Tacos, Soft Spiced Pinto Beans Lettuce, Tomato and Cheese Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	27 Crispy Chicken Sandwich WG Bun Tater Tots Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	28 Corn Dog Harvest Cheddar Sunchip Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	29 Big Breakfast Scrambled Egg Flaky Biscuit Sausage Patty Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk	30 Pizza Buffet Fresh Fruit Bar Variety of Veggies 1% Unflavored White Milk 1% low Fat Chocolate Milk

PRICES

Extra Milk	\$5.50
Extra Entree	\$1.50
Adult Entree	\$3.00
Adult Lunch	\$5.00

EXTRA INFO

All Zanesville City Schools students are eligible to receive a NO COST lunch. The USDA requires that students choose a minimum of 3 of the 5 food group components offered. One of these choices MUST be a fruit or vegetable to receive the meal at NO COST.

HARVEST OF



THE MONTH

Menus and nutrition
our app
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Menus are subject to change without notice. This institution is an equal opportunity provider.