



Zanesville City School District Zane Grey Elementary

October
2026

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Daily Lunch Nutrition Requirements Grain: 1oz eq Fruit: .5c Veg: .75c M/MA: 1oz eq Milk: 1c	29	30	1 Beefy Nacho Munchable Salsa Steamed Corn Baby Carrots Applesauce Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	2 Cheesy Garlic Pull-Apart Bread Marinara Sauce Roasted Broccoli Baby Carrots Mandarin Oranges Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk
5 Crispy Chicken Tenders Mashed Potatoes Celery Sticks Diced Peaches Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	6 Cheeseburger on WG Bun Steamed Green Beans Celery Sticks Mixed Fruit Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	7 Choice of Pizza Garden Salad Celery Sticks Pineapple Tidbits Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	8 Fluffy Pancakes Easy Egg Bake Sweet Potato Tots Celery Sticks Applesauce Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	9 Grilled Cheese Sandwich Homemade Chicken Noodle Soup Celery Sticks Mandarin Oranges Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk
12 Corn Dog Baked Beans, Vegetarian Red Pepper Strips Diced Peaches Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	13 Pasta w/ Hearty Meat Sauce Garlic Toast Roasted Broccoli Red Pepper Strips Mixed Fruit Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	14 Choice of Pizza Garden Salad Red Pepper Strips Pineapple Tidbits Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	15 Roasted Beef Hot Dog on a Bun French Fries Red Pepper Strips Applesauce Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	16 Walking Taco Salsa Black Beans Red Pepper Strips Mandarin Oranges Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk
19 Crispy Chicken Patty on WG Bun Tater Tots Baked Beans, Vegetarian Cauliflower Floret Diced Peaches Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	20 Cheese Tortellini w/Meat Sauce Garlic Toast Roasted Broccoli Cauliflower Floret Mixed Fruit Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	21 Choice of Pizza Garden Salad Cauliflower Floret Pineapple Tidbits Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	22 Hamburger Gravy Mashed Potatoes Cauliflower Floret Applesauce Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	23 HOM - Broccoli Crispy Chicken Nuggets Sweet Potato Tots Cauliflower Floret Mandarin Oranges Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk
26 Macaroni & Cheese Dinner Roll Green Peas Cherry Tomato Diced Peaches Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	27 Taco Triangles Salsa Spiced Pinto Beans Cherry Tomato Mixed Fruit Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	28 Choice of Pizza Garden Salad Cherry Tomato Pineapple Tidbits Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	29 Cheesy Bosco Stick Marinara Sauce Roasted Broccoli Cherry Tomato Applesauce Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	30 Roasted Beef Hot Dog on a Bun Baked Beans, Vegetarian Cherry Tomato Mandarin Oranges Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk

PRICES

Extra Milk	\$5.00
Extra Entree	\$1.50
Adult Entree	\$3.00
Adult Lunch	\$5.00

EXTRA INFO

All Zanesville City Schools students are eligible to receive a NO COST lunch. The USDA requires that students choose a minimum of 3 of the 5 food group components offered. One of these choices MUST be a fruit or vegetable to receive the meal at NO COST.

HARVEST OF



THE MONTH

Your **MENUS** plus more
information on our app
Taher Food4Life®



www.taher.com

Menus are subject to change without notice. This institution is an equal opportunity provider.